

Catch My Breath

32 Count, 4 Wall, Beginner

Choreographer: Penny Tan (Dec 2012)

Choreographed to: Catch My Breath by Kelly Clarkson

Intro: 32

RIGHT SIDE SHUFFLE, BACK ROCK RECOVER, LEFT SIDE SHUFFLE, BACK ROCK, RECOVER

- 1&2 Chassé side right-left-right
- 3-4 Rock left back, recover to right
- 5&6 Chassé side left-right-left
- 7-8 Rock right back, recover to left

**FORWARD ROCK RECOVER, TOGETHER, FORWARD ROCK RECOVER, TOGETHER,
FORWARD, TOGETHER, SIDE, CROSS BACK TOUCH**

- 1-2& Rock right forward, recover to left, step right together
- 3-4& Rock left forward, recover to right, step left together
- 5-6 Step right forward, step left together
- 7-8 Step right side, cross/touch left behind right

FORWARD, TURN ¼ RIGHT, CROSS SHUFFLE, TOGETHER, BACK TOUCH, TURN ½ RIGHT

- 1-2 Step left forward, turn ¼ right and step right side
- 3&4 Crossing chassé left-right-left
- 5-6 Step right side (jump), step left together
- 7-8 Cross right behind left, turn ½ right (weight to right)

FORWARD ROCK RECOVER, BACK SHUFFLE, SWAY, SWAY, SWAY

- 1-2 Rock left forward, recover to right
- 3&4 Locking chassé back left-right-left
- 5-6 Step right back, hip forward
- 7-8 Hip back, hip forward