www.linedancerweb.com
www.linedancefoundation.com
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## Watch Yourself

64 Count 4 Wall Low Intermediate Level Dance. Choreographed by: Chris Cleevely (UK) May 2021
Choreographed to: Watch What You're Falling For by Seven Miles South Intro: 32 Counts. Start on vocal at approx 17 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.
SEC 1 ROCK FORWARD, RECOVER, COASTER STEP, STEP $1 \not 14$ TURN, SHUFFLE FORWARD
1-2 Rock forward on $R$, recover weight on $L$
3\&4 Step back on $R$, step $L$ beside $R$, step forward on $R$
5-6 Step forward on L, pivot $1 / 4$ turn $R$ (weight on $R$ ) (3:00)
$7 \& 8$ Shuffle forward stepping L/R/L
SEC 2 ROCK FORWARD, RECOVER, COASTER STEP, STEP $1 \not 14$ TURN, SHUFFLE FORWARD
1-2 Rock forward on $R$, recover weight on $L$
$3 \& 4$ Step back on $R$, step $L$ beside $R$, step forward on $R$
5-6 Step forward on $L$, pivot $1 / 4$ turn $R$ (weight on $R$ ) (6:00)
$7 \& 8$ Shuffle forward stepping L/R/L
Restart Here on Wall 3 (facing 12:00)
SEC 3 STEP, TOUCH BEHIND, SHUFFLE BACK, BACK, TOUCH IN FRONT, SHUFFLE FORWARD
1-2 Step forward on $R$, touch $L$ toe behind
3\&4 Shuffle back stepping L/R/L
5-6 Step back on $R$, touch $L$ toe in front
7\&8 Shuffle forward, stepping L/R/L
SEC 4 STEP $11 / 4$ TURN, CROSS SHUFFLE, SIDE, BEHIND, 114 , SCUFF
1-2 Step forward on R, pivot $1 / 4$ turn L (weight on L ) (3:00)
$3 \& 4$ Cross shuffle $R$ over $L$, stepping $R / L / R$
5-6 Step $L$ to $L$ side, cross $R$ behind $L$
7-8 Making $1 / 4$ turn $L$, step forward on $L$, Scuff $R$ beside $L$ (12:00)
SEC 5 JAZZ BOX, ¼ TURNING R JAZZ BOX, SCUFF L
1-2 Cross $R$ over $L$, step back on $L$
3-4 Step $R$ to $R$ side, step $L$ in place
5-6 Cross $R$ over $L$, step back on $L$
7-8 Making $1 / 4$ turn $R$, step $R$ to $R$ side, scuff $L$ beside $R(3: 00)$

SEC 6 ROCK FORWARD, RECOVER, $1 ⁄ 2$ SHUFFLE, POINT SIDE, HOLD, \& POINT SIDE, \& POINT SIDE
1-2 Rock forward on $L$, recover weight on $R$
3\&4 Half shuffle over L shoulder, stepping L/R/L (9:00)
5-6 Point $R$ toe to $R$ side, hold
\&7\&8 Step $R$ beside $L$, Point $L$ toe to $L$ side, step $L$ beside $R$, point $R$ toe to $R$ side
Restart Here on Wall 5 (Facing 6:00)

Watch Yourself<br>Continues... Page 1 of 2

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## Watch Yourself

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SEC 7 CROSS ROCK, RECOVER, CHASSE, CROSS ROCK, RECOVER, CHASSE
1-2 Cross rock $R$ over $L$, recover weight on $L$
3\&4 Chasse to the $R$ side stepping $R / L / R$
5-6 Cross rock $L$ over $R$, recover weight on $R$
7\&8 Chasse to the $L$ side, stepping L/R/L

SEC 8 KICK, BALL, STEP X 2, ROCKING CHAIR
1\&2 Kick $R$ forward, touch ball of $R$, step forward on $L$
3\&4 Kick $R$ forward, touch ball of $R$, step forward on $L$
5-6 Rock forward on $R$, recover weight on $L$
7-8 Rock back on $R$, recover weight on $L$

Tag At the end of wall 6 (facing 3:00) add an extra right rocking chair

