

Catch My Breath

32 Count, 4 Wall, Intermediate, WCS

Choreographer: Søren Kristensen (DK) Nov 2012

Choreographed to: Catch My Breath by Kelly Clarkson;

Hot Mama by Trace Adkins, CD: Trace Adkins: Greatest Hits,
Vol. 2 - American Man

Intro: 32

STEP RIGHT FORWARD, TOGETHER, TRIPLE FULL TURN RIGHT, ROCK FORWARD LEFT, RECOVER, KICK LEFT BACK, CROSS

- 1-2 Step right forward, step left together
3&4 Triple in place turning a full turn right
5-6 Rock left forward, recover to right
7&8 Kick left forward, step left back, cross right over left

BACK LEFT, SIDE RIGHT, CROSS SHUFFLE, TURN ¼ LEFT, TURN ¼ LEFT, KICK, BALL, POINT

- 1-2 Step left back, step right side
3&4 Cross left over right, step right together, cross left over right
5-6 Turn ¼ left and step right back (9:00), turn ¼ left and step left side (6:00)
7&8 Kick right forward, step right together, touch left side

CROSS, SIDE RIGHT, SAILOR TURN ¼ LEFT, POINT RIGHT FORWARD, CROSS, SIDE ROCK TURN ¼ RIGHT, STEP LEFT FORWARD

- 1-2 Cross left over right, step right side
3&4 Left sailor step turning ¼ left (3:00)
5-6 Touch right forward, cross right over left
7&8 Step left side, turn ¼ right (weight to right), step left forward (6:00)

KICK RIGHT, POINT RIGHT SIDE, HITCH ¼ TURN, CROSS, POINT LEFT SIDE, CROSS, TURN ¼ LEFT, CHASSE TURN ¼ LEFT

- 1-2 Kick right forward, touch right side
3&4 Turn ¼ right and hitch right knee (9:00), cross right over left, touch left side
5-6 Cross left over right, turn ¼ left and step right back (6:00)
7&8 Chassé side left-right-left turning ¼ left (3:00)
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