

www.linedancerweb.com
www.linedancefoundation.com
www.kingshilldanceholidays.com

32 Count 4 Wall Improver Level Dance.
Choreographed by: Karen Sholes (USA) & Shirley Blankenship (USA) May 2021
Choreographed to: Lifestyle by Jason Derulo feat Adam Levine
Intro: 16 Counts. Start on vocal at approx 7 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 HIP-PUSH, STEP x 4

1&2 Touch R forward, push hip, Step on R,
3&4 Touch L forward, Push hip, Step on L,
5&6 Touch R forward, Push hip, Step on R,
7&8 Touch L forward, Push hip, Step on L

SEC 2 ¼ TURN HIP ROLL x 2, ¼ JAZZ BOX

1-2 Step R forward, Roll hip ¼ left,
3-4 Step R forward, Roll hip ¼ left,
5-6 Step R across L, Step L back,
7-8 Step R ¼ right, Step L next to R (3:00)

SEC 3 CHA CHA CHA, ROCK, RECOVER x 2

1&2 Step R to side, Step L next to R, Step R to side,
3-4 Rock L back, Recover R,
5&6 Step L to side, Step R next to L, Step L to side,
7-8 Rock R back, Recover L

SEC 4 BRUSH, BRUSH, SHUFFLE, ROCK, RECOVER, COASTER STEP

1-2 Brush R toe forward, Brush R toe across L,
3&4 Step R forward, Step L next to R, Step R forward,
5-6 Rock L forward, Recover R,
7&8 Step L back, Step R back, Step L forward

