

In Out And In Between

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Choreographed by: Kate Damgaard (DK) May 2021

Choreographed to: The Cowboy Rides Away by Ronnie Dunn
Intro: 32 Counts. Start on vocal at approx 18 secs.

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SEC 1	WALK FWD FWD ROCK, WALK BACK BACK BACK ROCK
1-2-3-4	R walk fwd, L walk fwd, R rock fwd, L recover
5-6-7-8	R walk back, L walk back, R rock back, L recover
SEC 2	STEP, TAP, STEP, HOOK, STEP, TAP, STEP, TOUCH
1-2-3-4	R step fwd, L tap behind, L step back, R hook in front
5-6-7-8	R step fwd, L tap behind, L step back, R touch beside
SEC 3	SIDE TOUCH SIDE, CROSS ROCK SIDE, CROSS SIDE
1-2-3-4	R side, L touch, L side, R cross in front
5-6-7-8	L recover, R side, L cross in front, R side (Count 8 starts figure 8)
SEC 4	FIGURE 8, CROSS
1-2-3-4	L behind, R step ¼ right, L step turn ¾ right (12:00)
5-6-7-8	L step side, R cross behind, L step side, R cross in front
Restart	Here on Wall 3, Replace the cross with a touch, count 8
SEC 5	SIDE ROCK, ¼ TURN, SIDE ROCK, CROSS, STEP SIDE, BACK ROCK
1-2-3-4	L step side, R recover, Turn 1/4 right stepping L side, R recover (3:00)
5-6-7-8	L cross in front, R step side, L step back, R recover
SEC 6	WALK, BRUSH, WALK, BRUSH, JAZZBOX ¼, BRUSH
1-2-3-4	L walk fwd, R brush, R walk fwd, L brush
5-6-7-8	L cross in front, R step back turning ¼ left, L step side, R brush (12:00)
SEC 7	MAMBO ½ TURN, STEP FWD, DIAGONALLY FWD, TOUCH, DIAGONALLY BACK, CROSS
1-2-3-4	R step fwd, L recover, turn ½ right stepping R fwd, L step fwd (6:00)
5-6-7-8	R step fwd to right diagonal, L touch, L step back, R cross in front
SEC 8	L BACK, BACK, CROSS, BACK, COASTER STEP, BRUSH
1-2-3-4	L step back, R step back, L cross in front, R step back
5-6-7-8	Listen back, Ritogether, Listen fwd. Ribrush

