

Be Kind

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SEC₁

21 Count 4 Wall Improver Level Dance.

Choreographed by: EWS Winson (MY) & Sobrielo Philip Gene (SG) May 2021

Choreographed to: Be Kind by Marshmello & Halsey

Intro: 8 Counts. Start on vocal at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SIDE, SAILOR STEP, BEHIND, SIDE, SYNCOPATED ROCKING CHAIR, FORWARD LOCK STEPS

1	Weight on LF Step RF to R side
2&3	Cross LF behind RF, step RF to R side, step LF to L side
4&	Cross RF behind LF, step LF to L side
5&6&	Rock RF forward, recover weight on LF, rock RF back, recover weight on LF
7&8	Step RF forward, lock LF behind RF, step RF forward
SEC 2	FORWARD, CHASE $\frac{1}{2}$ FORWARD, FORWARD, SIDE ROCK & RECOVER $\frac{1}{4}$ FORWARD, FORWARD TRIPLE RUN, HITCH
1	Step LF forward
2&3	Step RF forward, turn ½ L over L shoulder, step RF forward (6:00)
4	Step LF forward
5&6	Rock RF to R side, recover weight on LF turning ¼ L, step RF forward (3:00)
7&8&	Run forward on LF-RF-LF, lift R knee beside LF
Restart	Here on Wall 2 and Wall 5
SEC 3	SIDE ROCK & RECOVER, BEHIND, SIDE, CROSS, BALL CROSS, SIDE SWEEP,
4.0	SYNCOPATED JAZZ BOX CROSS
1-2 3&4	Rock RF to R side, recover weight on LF
&5-6	Cross RF behind LF, step LF to L side, cross RF over LF Step LF to L side, cross RF over LF, step LF to L side while sweeping RF from back to front
7&8&	Cross RF over LF, step LF back, step RF to R side, cross LF over RF
7000	Closs IVI Over Li , step Li Back, step IVI to IV side, closs Li Over IVI
SEC 4	MONTEREY ½, SCISSORS CROSS, TOE SWITCHES, FORWARD PRESS, HEEL TWIST OUT & IN
1-2	Point R toes to R side, turn ½ R closing RF next to LF (9:00)
3&4	Step LF to L side, close RF beside LF, cross LF over RF
5&6&	Point R toes to R side, close RF beside LF, point L toes to L side, close LF beside RF
7&8	Press R toes forward, swivel R heel out to R side, return R heel to centre

