

Typical Norwegian (Typisk Norsk)

32 Count 4 Wall High Improver Level Dance.
Choreographed by: Tom Inge Soenju (NOR), Rob Fowler (ES) & I.C.E Mar 2021
Choreographed to: Typisk Norsk by Katastrofe feat Alexander Rybak
Intro: 16 Counts. Start on vocal at approx 8 secs.

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SEC 1 SYNC ROCK SWITCHES (R/L), R BALLSTEP, ½ L TURN, L COASTER STEP

- 1-2& Rock RF fwd, Transfer weight onto LF, Step ball of RF next to LF
3-4& Rock LF fwd, Transfer weight onto RF, Step ball of LF next to RF
5-6 Step (ball of) RF fwd, ½ L turn on balls of feet (weight on RF) (6:00)
7&8 Step LF back, Step RF next to LF, Step LF fwd

SEC 2 JUMP OUT OUT (R/L), R BACK STEP, L BACK ROCK, RECOVER, ¾ R TURN (½, ¼), L SHUFFLE

- &1-2 Jump RF out to R diagonal, Jump LF out to L side, Step RF back
3-4 Rock LF back, Transfer weight onto RF
5-6 ½ R turn stepping LF back, ¼ R turn stepping RF to R side (3:00)
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

Restart here on Wall 5 (3:00)

SEC 3 R ROCK, RECOVER, BALL, BACK STEP X2, ½ L SHUFFLE, STEP ½ L PIVOT, ¼ L BALL-TAP

- 1-2& Rock RF fwd, Transfer weight onto LF, Step ball of RF next to LF
3-4 Step LF back, Step RF back
5&6 ¼ L turn stepping LF to L side, Step RF next to LF, ¼ L turn stepping LF fwd (9:00)
7-8& Step RF fwd, ½ L turn (weight on LF), ¼ L turn tapping ball of RF slightly to R side (12:00)

SEC 4 SYNC SIDE ROCK SWITCHES (R/L), STEP L PIVOT X2 (½, ¼)

- 1-2& Rock RF to R side, Transfer weight onto LF, Step ball of RF next to LF
3-4& Rock LF to L side, Transfer weight onto RF, Step ball of LF next to RF
5-6 Step RF fwd, ½ L turn (weight on LF) (6:00)
7-8 Step RF fwd, ¼ L turn (weight on LF) (3:00)

Tag The tag is done at the end of wall 2 (6:00), wall 3 (9:00) and wall 7 (9:00)

V (HEEL) STEPS (OUT-OUT-IN-IN)

- 1-2 Step R heel fwd to R diagonal, Step L heel to L side (diagonal)
3-4 Step RF back to centre, Step LF next to RF

