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**SEC 1 HEEL GRIND, HEEL GRIND, HEEL GRIND ¼, COASTER STEP**

1-2 Dig R heel, Twist Turn R toe step down R (travel forward)

3-4 Dig L heel, Twist Turn L toe step down L (travel forward)

5-6 Dig R heel, Twist ¼ R step back on L (3:00)

7&8 Step R back, Bring L to R, Step R forward

**Option** Alternative steps for counts 1-4 Toe Struts

**SEC 2 ROCK REPLACE, SHUFFLE BACK, BACK ROCK REPLACE, KICK BALL STEP**

1-2 Rock forward on L, Recover weight on R

3&4 Shuffle back LRL

5-6 Rock back on R, Recover weight on L

7&8 Kick R forward, Bring R to L, Step forward L

**Restart** Here on Walls 3 & 8 dance the Tag then Restart & on Wall 5 (No Tag)

**SEC 3 ¼ R, FIGURE 8**

1-2 ¼ L step R, Cross L behind R (12:00)

3-4 ¼ R step R forward, Step forward L (3:00)

5-6 Pivot ½ R (weight on R) ¼ L step L to L (12:00)

7-8 Cross R behind L, ¼ L step forward L (9:00)

**Restart** Here on Wall 10 dance the Tag then Restart

**SEC 4 ROCKING CHAIR, STOMP OUT L, STOMP OUT R, STOMP IN L, TOUCH**

1-2 Rock forward on R, Recover weight on L

3-4 Rock back on R, Recover on L

5-6 Step R out to R, Stomp L out to L

7-8 Stomp R to L, Stomp L next to R

**Tag** Dance after 16 Counts of Walls 3 & 8, and after 24 Counts of Wall 10 Restart after all Tags

1-2-3-4 Cross R over L, Step L back, Step R to R, Step forward L

