
Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 STEP, ROCK RECOVER, ¼ FORWARD, STEP HITCH, STEP BACK SWEEP

- 1-3 Step RF to right, Cross rock LF over RF, recover weight onto RF,
4-5 ¼ left step LF forward, Step RF forward while hitching LF behind RF (9:00)
6 Step LF slightly back sweeping RF forward to back,
7 Step RF back sweeping LF forward to back
8 Step LF back sweeping RF forward to back

SEC 2 SAILOR STEPS, PIVOT ½ WALK WALK

- 1&2 Step RF back of LF, step LF to left, Step RF to right
3&4 Step LF back of RF, step RF to right, Step LF to left
5-6 Step RF forward, turn ½ left
7-8 Walk forward RF, walk forward LF (3:00)

SEC 3 HIP SWAYS QUICK STEPS (R/L)

- 1-3 Step RF to right and sway hip to right, sway hip to left, sway hip to right
&4 Step LF beside RF, step RF beside LF
5-7 Step LF to left and sway hip to left, sway hip to right, sway hip to left
&8 Step RF beside LF, step LF beside RF

SEC 4 ROCK RECOVER, ½ SHUFFLE, ROCK RECOVER COASTER CROSS

- 1-2 Rock RF forward, Recover onto LF
3&4 ¼ right step RF to right, step LF beside RF, ¼ right step RF forward (9:00)
5-6 Rock LF forward, Recover onto RF
7&8 Step LF back, step RF beside LF, Cross LF over RF

