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## Been A Minute

48 Count 4 Wall High Beginner Level Dance.
Choreographed by: Marianne Langagne (FR) \& Val Saari (CAN) Mar 2021
Choreographed to: Been A Minute by Hunter Brothers
Intro: 16 Counts. Start on vocal at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE, DIAGONALLY KICK ACROSS R \& SIDE, CROSS/HOLD \& CROSS \& CROSS, SIDE ROCK
1-2 Step RF to the R, Kick LF across RF
\&3-4 Step LF left, Cross RF over LF, Hold (weight on RF)
\&5\&6 Step LF left, Cross RF over LF, Step LF left, Cross RF over LF
7-8 Rock LF left, RF Recover

SEC 2 LF CROSS BEHIND R, R STEP FWD $1 ⁄ 4$ TURN R, WALK L R, TRIPLE FWD, SWAY R L
1-2 Cross LF behind RF, RF Fwd $1 / 4$ Turn R (3:00)
3-4 Walk forward L R
5\&6 Step LF forward, Step RF together, Step LF forward
7-8 Step RF to $R$ side and sway hips $R$, $L$

SEC 3 TURNING SHUFFLES $(1 / 4 R, 3 / 4 \mathrm{R})$, HEEL TAPS RL, HEEL SPLITS
1\&2 Turn $1 / 4 R$ and Shuffle right $R L R(6: 00)$
$3 \& 4 \quad$ Shuffle $L R L$ turning $3 / 4 R(3: 00)$
5\&6\& Tap RF heel diagonally right, Step RF beside L, Tap LF heel diagonally left, Step LF beside R
7-8 Split both heels apart, Close heels together
SEC 4 RF SCISSORS, CROSS SHUFFLES, LINDY LEFT $1 / 4 R$
1-2 Rock RF to R side, Drag LF toes together
3\&4 Crossing chassé R, L, R
$5 \& 6 \quad$ Shuffle left (LR L)
7-8 Rock back on RF Pivot $1 / 4$ R, Recover on LF (6:00)
Restart Here on Walls 3 (Facing 12:00) \& (Facing 9:00)

SEC 5 POINT CROSSES (RLRL)
1-2 $\quad R F$ point to right side, $R F$ step forward in front of $L$
3-4 LF point to left side, LF step forward in front of $R$
5-6 $\quad$ RF point to right side, $R F$ step forward in front of $L$
7-8 LF point to left side, LF step forward in front of $R$

SEC 6 RF CROSS ROCK, TURNING SHUFFLES ( $1 / 4 \mathrm{R}, 1 / 2 \mathrm{R}$ ), KICK-BALL-CROSS
1-2 Cross-rock RF over L, LF recover
$3 \& 4 \quad$ Pivot $1 / 4 R$ and Shuffle forward $R L R(9: 00)$
5\&6 Shuffle LRL turning 1 12 $R(3: 00)$
7\&8 Kick RF forward, Step RF beside L, Cross LF over R

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