

Upside Shake

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 4 Wall Intermediate Level Dance.

Choreographed by: Michelle Risley (UK) & Cody Flowers (USA) Mar 2021

Choreographed to: Upside by Judith Hill

Intro: 32 Counts. Start on vocal at approx 14 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3-4 5-6 7-8 Note	1/4 STEP-TOUCH x 3, SIDE, CROSS-KICK Step RF forward, 1/4 Left touching LF beside RF (9:00) 1/4 Left stepping LF forward, Touch RF beside LF (6:00) 1/4 Left stepping RF forward, Touch LF beside RF (3:00) Step LF to left side, Kick RF across LF During Counts 1-7, you will shimmy your shoulders. SHAKE IT!
SEC 2 1-2 3-4 5-6 7-8	VINE RIGHT, SIDE-DRAG, ¼ ROCK-RECOVER Step RF to right side, LF behind RF RF to right side, Cross LF over RF Big Step RF to right side, Drag LF to RF ¼ Left rocking back on LF, Recover weight on RF (12:00)
SEC 3 1-2 3-4 5-6 7-8	TOE STRUT, STEP-½ PIVOT, ¼ SWEEP, BEHIND-SIDE Touch Left Toe forward, Step down on LF (12:00) Step RF forward, Pivot ½ Turn Left transferring weight to LF (6:00) ¼ Turn left stepping RF to right side, Sweep LF around RF (front to back) (3:00) Step LF behind RF, Step RF to right side
SEC 4 1-2 3-4 5-6 7-8&	CROSS ROCK, SIDE ROCK, BACK ROCK, STEP, KICK-BALL Rock LF across RF, Recover weight on RF Rock LF to left side, Recover weight on RF Rock back on LF, Recover weight on RF Step LF forward, Kick RF forward, Step down on the ball of RF
SEC 5 1-2 3-4 5-6 7-8	SIDE TOUCH x 2, FORWARD TOUCH, BACK HOOK Step LF to left side, Touch RF beside LF Step RF to right side, Touch LF beside RF Step LF forward, Touch RF behind LF Step back on RF, Hook LF across RF
BRIDGE 7-8	During wall 2 (starts facing 3:00), dance up to and including SEC 5 Counts 5-6. Step back on RF, touch LF beside RF, Then repeat counts SEC 5 and continue on with the dance.

Upside Shake

Continues... Page 1 of 2



Upside Shake

Continued... Page 2 of 2

SEC 6 1-2 3-4 5-6 7-8	STEP-LOCK-STEP, BRUSH, ¼ JAZZ BOX WITH BRUSH Step LF forward, Lock RF behind LF Step LF forward, Brush RF beside LF Cross RF over LF, ¼ Right stepping back on LF Step RF to right side, Brush LF across RF
SEC 7 1-2 3-4 5-6 7-8	TOE STRUT, 1/4 TOE STRUT, 1/4 TOE STRUT, CROSS ROCK-RECOVER Touch Left Toes across RF, Step down on LF (6:00) 1/4 Turn left touching Right Toes back, Step down on RF (3:00) 1/4 Turn left stepping Left Toes to left side, Step down on LF (12:00) Rock RF across LF, Recover weight on LF
SEC 8 1-2 3-4 5-6 7-8	NIGHT CLUB BASIC RIGHT, 1/4 NIGHT CLUB BASIC LEFT RF big step to right side, Drag LF to RF Rock LF behind RF, 1/4 Turn Right recovering weight on RF (3:00) LF big step to left side, Drag RF to LF Rock back on RF, Recover weight on LF
Ending 7-8	You replace the last 2 counts of the dance with Hook RF behind LF, Pivot ½ Turn over Right Shoulder to 12:00 & Smile!

