

Chains Of Love!

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Choreographed by: Evade Rustina (INA) & Val Saari (CAN) Mar 2021

Choreographed to: Chains by The Cookies

Intro: 16 Counts. Start on vocal at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	RE KICK-BALL POINT L, SYNCOPATED POINT R, RE ROCKING CHAIR
1&2-3	Kick RF Forward, Step RF next to Left, Point LF Toes to Left Side, hold
&4	Step LF right, Point Right Toe to Right Side
5-6	Rock RF forward, Recover LF
7-8	Rock RF back, Recover LF
SEC 2	RF ROCK/RECOVER, TURNING SHUFFLES (½ R, ½ R), SWAY R,L
1-2	Rock RF forward, recover LF
3&4	Shuffle back RLR Pivot ½ R (6:00)
5&6	Shuffle back LRL Pivot ½ R (12:00)
7-8	Step RF to right and sway, Sway left (weight on LF)
SEC 3	RF ROCK BACK/RECOVER, LINDY RIGHT, SHUFFLE LEFT 1/4 TURN L
1-2	Rock RF back, recover LF
3&4	Shuffle right, RLR
5-6	Rock back on LF, Recover on RF
7&8	Shuffle left, LRL ¼ turn left (9:00)
SEC 4	RF TOE TOUCH/CROSS FLICK, STEP-LOCK-STEP, LF ROCK/RECOVER/ LF COASTER STEP
1-2	Touch RF toes forward, Flick RF across LF
3&4	Step RF forward, Lock LF behind R, Step RF forward
5-6	Rock LF forward, Recover RF
7&8	Step LF back, Step RF beside L. Step LF forward

