

OUT-OUT, IN, SET, IN / KNEE POP-KNEE POP-KNEE POP

- & Right step side right
1 Left step side left
2 Right step together
& Hold
3 Left step together and lift right heel bending right knee in front of left
& Drop right heel straighten right leg and lift left heel bending left knee in front of right
4 Drop left heel straighten left leg and lift right heel bending right knee in front of left

ROCK FORWARD, ROCK BACK, SIDE-TOGETHER-SIDE

- 5 Right step/rock forward diagonal right
6 Left rock back and 1/4 turn to the right
7 Right step side right
& Left step together
8 Right step side right

ROCK FORWARD, ROCK BACK, SIDE-TOGETHER-SIDE

- 1 Left step/rock forward diagonal right
2 Right rock back
3 Left step side left
& Right step together
4 Left step side left

ROCK BACK, ROCK FORWARD, TRIPLE TURN IN PLACE

- 5 Right step/rock back diagonal left
6 Left rock forward
7 Right step together
& 1/4 turn to the left and left step together
8 1/4 turn to the left and right step together

ROCK BACK, ROCK FORWARD, TRIPLE IN PLACE

- 1 Left step/rock back diagonal right
2 Right rock forward
3 Left step together
& Right step together
4 Left step together

OUT-OUT, IN, SET, IN / KNEE POP-KNEE POP-KNEE POP

- & Right step side right
5 Left step side left
6 Right step together
& Hold
7 Left step together and lift right heel bending right knee in front of left
& Drop right heel straighten right leg and lift left heel bending left knee in front of right
8 Drop left heel straighten left leg and lift right heel bending right knee in front of left

REPEAT