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Back To My Life

32 Count 4 Wall Low Intermediate Level Dance. Choreographed by: EWS Winson (MY) Mar 2021 Choreographed to: If You Come Back by Blue Intro: 32 Counts. Start on vocal at approx 12 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1&2 3&4 5&6 7&8	FORWARD MAMBO SWEEP, BEHIND, SIDE, CROSS, SCISSORS CROSS, HINGE ½ CROSS Rock RF forward, recover weight on LF, step RF back sweeping LF from front to back Cross LF behind RF, step RF to R side, cross LF over RF Step RF to R side, close LF next to RF, cross RF over LF Turn ¼ R stepping LF back, turn ¼ R stepping RF to R side, cross LF over RF (6:00)
SEC 2	SIDE TOUCH, STEP / HEEL GRIND, BEHIND, SIDE, CROSS,
	DIAGONAL ROCK WITH HIPS, BACK ROCK WITH HIPS, SCISSORS CROSS
1&2	Step RF to R side, touch L toes beside RF, step LF in place grinding R heel out to R side
3&4	Cross RF behind LF, step LF to L side, cross RF over LF
5-6	Rock LF forward to L diagonal pushing hips forward, rock RF back pushing hips backward
7&8	Step LF to L side, close RF next to LF, cross LF over RF
Restart	Here on Wall 2 and Wall 5, making a $\frac{1}{4}$ R to begin the dance.
	Start the dance again, each facing 6.00 o'clock and 9.00 o'clock.
SEC 3	1/4 BACK, 3/8 FORWARD, ROCK, RECOVER, BACK WALKS,
	1/4 SIDE, POINT, 1/4 STEP & SWEEP, SYNCOPATED ROCKING CHAIR
&1-2	Turn ¼ L stepping RF back, turn ¾ L stepping LF forward, rock RF forward (10.30)
3&4	Recover weight on LF, step RF back, step LF back
&5	Turn ¼ R stepping RF to R side, point L toes to L side (1:30)
6	Turn ¼ L stepping LF in place while sweeping RF from back to front (10.30)
7&8&	Rock RF forward, recover weight on LF, rock RF back, recover weight on LF
SEC 4	MODIFIED 1/8 SERPIENTE, BEHIND, 1/4 STEP, STEP, CHASE 1/2 FORWARD, TRIPLE FULL TURN
1&2	Cross RF over LF, turn 1/2 R stepping LF to L side, cross RF behind LF sweeping LF from front to back (12.00)
3&4	Cross LF behind RF, turn ¼ R stepping RF forward, step LF forward (3.00)
5&6	Step RF forward, turn ½ L stepping LF next to RF, step RF forward (9.00)
7&8	Turn ½ R stepping LF back, turn ½ R stepping RF forward, step LF forward (9.00)

