



NO TIME TO WASTE

Choreographed by : Rafel Corbi (ES) & Ariadna Corbi Jan 2021
48 Count, 4 Wall, Low Intermediate Level Dance
Choreographed to: Love Ain't Got No Time To Waste by Jarrod Turner
Intro: 32 Counts

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- SEC 1 SIDE, BACK ROCK, RECOVER, STEP FORWARD, ROCK FORWARD, RECOVER, CHASSE ¼ LEFT**
1,2,3,4 Step L to L Side, Rock R behind L, Recover Weight fwd onto L, Step R fwd
5,6 Rock L fwd, Recover Weight back onto R,
7&8 Turn ¼ L stepping L to L Side, Step R together, Step L to L side (9:00)
- SEC 2 CROSS, SIDE, BEHIND, SIDE, ROCK FORWARD, RECOVER, SIDE ROCK, RECOVER**
1,2,3,4 Cross R over L, Step L to L Side, Cross R behind L, Step L to L Side
5,6,7,8 Rock R over L, Recover Weight back onto L, Rock R to R Side, Recover weight onto L
- SEC 3 BEHIND, SWEEP, BEHIND, SIDE, LOCK SHUFFLE FORWARD TO R DIAGONAL, ROCK FORWARD, RECOVER**
1,2,3,4 Step R behind L, sweep L around, Step L behind R, Step R to R Side opening body to the R diagonal
5&6 Step L forward to R diagonal, Lock R behind L, Step L forward to R diagonal (10:30)
7,8 Rock R forward, Recover Weight back onto L
- SEC 4 STEP, TOUCH, STEP, ½ TURN, ⅜ TURN WITH CHASSE LEFT, ROCK FORWARD, RECOVER**
1,2 Step R back, Touch L in place while looking at 4:30
3,4 Step L back in place looking at 10:30, Turn ½ L stepping R back (4:30)
5&6 Turn ⅜ L stepping L to L Side, Step R together, Step L to L Side (12:00)
7,8 Rock R over L, Recover Weight back on L
- SEC 5 STEP, TOUCH, STEP, TOUCH, SWAY, SWAY, CHASSE RIGHT**
1,2,3,4 Step R to R Side, Touch L next to R snapping fingers, Step L to L Side, Touch R next to L snapping fingers
Optional On Walls 2 & 5 you can modify these steps to do the following: Step R to R Side, Hold, Step L to L Side, Hold
5,6,7&8 Sway R, Sway L, Step R to R Side, Step L together, Step R to R side
- SEC 6 ROCK FORWARD, RECOVER, ½ FORWARD, STEP, PIVOT ¼, CROSS, SIDE, BEHIND**
1,2,3,4 Rock L forward, Recover Weight back on R, Turn ½ L stepping L forward, Step R forward (6:00)
5,6,7,8 Pivot ¼ L, Cross R over L, Step L to L Side, Step R behind L (3:00)
- Tag 1** At the end of Walls 1 and 3
SIDE ROCK, RECOVER, BEHIND, SIDE ROCK
1,2,3,4 Rock L to L Side, Recover Weight onto R, Cross L behind R, Rock R to R Side
Note Recover onto L to start the dance again on Step 1
- Tag 2** On Wall 4 after Count 8 (looking at 6:00)
½ WALK, WALK, LOCK SHUFFLE
1,2,3&4 Step R forward, Step L forward, Step R forward, Lock L behind R, Step R forward
Note All these steps are done while making a half turn to the Left in a semi-circle ending at 12:00).
Then start the dance again.
- Ending** Dance to Count 32 on Wall 6 (end of Section 4, looking at 3:00) and then Step R to R while sweeping L to Turn ¼ R and end the dance looking at 12:00.

