
Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 HEEL SWITCHES, HEEL HOOK STEP, TOUCH TWIST BOTH HEELS, COASTER STEP

- 1&2& Touch R heel forward (1) Bring R to L (&) Touch L heel forward (2) Bring L to R (&) 12
3&4 Touch R heel forward (3) Hook R foot up under L shin (&) Step forward R (4) 12
5&6 Touch L toe forward (5) Ball of L, twist both heels L (&) Twist heels R (6) (weight on R) 12
7&8 Step L back (7) Bring R to L (6) Step L forward (8) 12

Restarts Wall 2 and Wall 5.

SEC 2 SYNCOPATED ROCK STEP, BEHIND SIDE CROSS, SIDE ROCK, SAILOR 1/4 L

- 1&2& Cross rock R over L (1) Recover weight on L (&) Rock R out to R (2) Recover weight on L (&)
3&4 Cross R behind L (3) Step L to L (&) Cross R over L (4) 12
5.6 Rock L out to L (5) Recover weight on R (6) 12
7&8 Sailor 1/4 L (come forward on L) 9

SEC 3 ROCK REPLACE, COASTER STEP, ROCK REPLACE, SHUFFLE 1/2 L

- 1.2 Rock forward R (1) Recover weight on L (2) 9
3&4 Step R back (3) Bring L to R (&) Step R forward (4) 9
5.6 Rock forward L (5) Recover weight on R (6) 9
7&8 Shuffle 1/2 L L.R.L 3

SEC 4 WALK FORWARD R.L, CHASES 1/2 L TOUCH, WALK FORWARD R.L, KICK BALL STEP

- 1.2 Walk forward R (1) Walk forward L (2) (alternative steps full turn) 3
3&4 Step forward R (3) Pivot 1/2 L (&) Touch R toe to L (4) (weight on L) 9
5.6 Walk Forward R (5) Walk forward L (6) 9
7&8 Kick R forward (7) Bring R to L (&) Step L forward (8) (weight on L) 9

Restarts Wall 2 & Wall 5

Dance up to and including counts 7&8 on section 1, restart the dance please.

Choreographers Note:-

Try get the class to Clap along with the music prior to start of the dance, it is in there, just listen.