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[www.linedancefoundation.com](http://www.linedancefoundation.com)

[www.kingshilldanceholidays.com](http://www.kingshilldanceholidays.com)

32 + 16 Count. 1 Wall. Fun Beginner.

Choreographed by: Svanhild Ottosen & Mona Schützer (Norway) Sept 2020

Choreographed to: Hele Norge Danser by Staysman (Soitfy & Tidal)

Intro: 16 Counts.

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**Remember to Vote** for your favourite dances in the Linedancer Charts.

**Sequence:** A B B A A A (-16) B B A A

## PART A

### SEC A1 (1-8) ROCK TO R SIDE, RECOVER L, ROCK TO L SIDE, RECOVER R, ROCKING CHAIR FWD AND BACK

1-2 Rock RF to R, recover on LF

&3-4 RF together, rock LF to L, recover on RF

&5-8 LF together, Rock RF fwd, weight back on L, Rock RF back, weight back on L

### SEC A2 (9-16)HEEL GRIND ¼ TURN (3:00), COASTER STEP, HEEL GRIND ¼ TURN (12:00), COASTER STEP

1-2 Heel Grind RF ¼ Turn R, step LF to the side

3&4 Step Rf back, Step Lf beside Rf (&), Step Rf fwd

5-6 Heel Grind LF ¼ Turn L, step RF to the side

7&8 Step Rf back, Step Lf beside Rf (&), Step Rf fwd

### SEC A3 (17-24) FWD TOUCH, FWD TOUCH, BACK TOUCH, BACK TOUCH

1-2 Step fwd diagonal on RF, touch LF beside R

3-4 Step fwd diagonal on LF, touch RF beside L

5-6 Step back diagonal on LF, touch RF beside L

7-8 Step back diagonal on RF, touch LF beside L

### SEC A4 (25-32) PIVOT ½ TURN, PIVOT ½ TURN, JAZZ BOX

1-2 Step RF fwd, turn ½, weight on L,

3-4 Step RF fwd, turn ½, weight on L

5-8 Cross RF over LF, step back on LF, step side right on RF, step LF next to RF

## PART B

### SEC B1 (1-8) STEP OUT OUT, CLAP, HOLD, STOMP

1-2 Step RF to the side, Step LF to the side

3&4 Clap Clap Clap

5-6 Hold

7&8 Stomp RF, stomp LF, Stomp RF

### SEC B2 (9-16)HOLD, ROLL HIPS, HOLD, SHAKE YOUR BODY

1-2 Hold

3&4 Roll hips counter Clockwise

5-6 Hold

7&8 Shake your body (do what you feel)

Dance, Shake your body, and have Fun12

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