

Caught Up 19

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count. 4 Wall. Intermediate.

Choreographed by Jan Phillips (UK) Rob Fowler (ES/UK) & I.C.E. Sept 2020

Choreographed to Caught Up In The Country

By Rodney Atkins & Sam Feldt (Remix Single 2019) (3m 30s 124 bpm)

Intro 16 Counts. Start on lyrics.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1,2& 3,4& 5,6& 7,8&	ROCK FWD, RECOVER, HEEL, HOLD, STEP, RIGHT DOROTHY, LEFT DOROTHY Rock fwd on R, recover, step R next to L Touch L heel fwd, hold, step L next to R Step R diagonally fwd R, lock L behind R, step R diagonally fwd R Step L diagonally fwd L, lock R behind L, step L fwd diagonally L12.00
SEC 2 1,2 3,4 5&6 7&8	STEP, PIVOT ½ TURN, STEP, PIVOT ¼ TURN, HEEL DIG, TOGETHER, POINT, HEEL DIG, TOGETHER, POINT Step fwd R, pivot ½ turn L Step fwd R, pivot ¼ turn L 3.00 Touch R heel fwd, step R next to L, point L to L side Touch L heel fwd, step L next to R, point R to R side
SEC 3 1,2 3&4 5,6 7&8	CROSS ROCK, RECOVER, R CHASSE, STEP, PIVOT ½ TURN, CROSS SHUFFLE Cross rock R over L, recover on L Step R to R side, step L next to R, step R to R side Step fwd L, pivot ½ turn R 9.00 Step L over R, step R to R side, step L over R
SEC 4 1,2& 3,4 5,6 7,8	SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER, BEHIND, UNWIND, STEP, PIVOT 1/4 TURN Rock R to R side, recover on L, step R next to L Rock L to L side, recover on R Step L behind R, unwind a full turn L (weight on L) Step R fwd, pivot 1/4 turn L 6.00
SEC 5 1&2& 3&4& 5&6& 7,8	SWITCHES, HEEL DIGS, R VAUDEVILLE, CROSS, HOLD Point R toe to R side, step R next to L, point L toe to L, step L next to R Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R Cross R over L, step L to L side, touch R heel fwd, step R next to L Step L over R, hold 6.00
SEC 6 &1,2 3&4 5,6 7&8	BRUSH, ROCK FWD, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER ¼ TURN, FWD SHUFFLE Brush R to R diagonal, rock diagonally fwd on R, recover on L 7.30 Step R behind L straightening to 6.00, step L to L side, cross R over L 6.00 Rock L to L side, recover on R making ¼ turn R 9.00 Step L fwd, step R next to L, step L fwd
SEC 7 1,2 3,4 5,6 7,8	ROCK FWD, RECOVER, ½ TURN, ½ TURN, WALK FWD R, WALK FWD L, ROCK FWD, RECOVER Rock fwd on R, recover on L Make ½ turn R stepping R fwd, make ½ turn R stepping L back 9.00 Walk fwd on R, walk fwd on L Rock fwd on R, recover on L
SEC 8 &1,2 &3,4 5&6&7,8	JUMP/STEP BACK R/L, HOLD, JUMP/STEP BACK R/L, HOLD, HEEL, TOGETHER, HEEL, TOGETHER, HEEL, HOLD Jump/step back and out on R, jump/step back and out on L, hold (optional clap) Jump/step back and in on R, jump/step L next to R, hold (optional clap) Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R Touch R heel fwd, hold 9.00
Ctart Over	

Start Over

ENDING Wall 7

Dance up to and including Count 16, then rock fwd R, recover L, Make $\frac{1}{4}$ turn R stepping R to R side to face 12.00 (or additional option: Replace the $\frac{1}{4}$ turn R with a $\frac{1}{4}$ turn R).

