



# Red Hot Salsa 2020

64 Count. 2 Wall. Improver

Choreographed by Christine Browne (UK) 1998

**Revised for LDF Mental Health Awareness 2020.**  
Choreographed to Reach Out, Red Hot Salsa Remix by Dave Sheriff.  
Intro: 48 Counts.

## SUPPORTING MENTAL HEALTH AWARENESS

Remember, somebody, somewhere is suffering  
19th - 26th September 2020

- SEC 1 RIGHT & LEFT HEEL TAPS**  
1 - 4 Tap right heel in place 4 times  
5 - 8 Tap left heel in place 4 times
- SEC 2 HIP BUMPS**  
1 - 4 Bump hips left twice, Bump hips right twice  
5 - 8 Bumps hips left, right, left, right
- SEC 3 ROCKING CHAIR x 2**  
1 - 4 Taking weight onto left foot, **Rock right forward, Recover onto left**  
3 - 4 Rock right back, Recover onto left  
5 - 6 Rock right forward, Recover onto left  
7 - 8 Rock right back, Recover onto left
- SEC 4 GRAPEVINE RIGHT, LEFT SLIDE, TOUCH, CLAP**  
1 - 4 Step right to side, Cross left behind right, Step right to side, Touch left together  
5 - 6 Take large step to left side. Slide right foot next to left.  
7 - 8 Touch right foot next to left. Clap
- SEC 5 RIGHT KICK BALL CHANGE x 2 TOE SWITCHES. DOUBLE CLAPS**  
1 & 2 Kick right forward, Step right together, Step left in place  
3 & 4 Kick forward right, Step right together, Step left in place  
5 & Touch right to side, Step right in place,  
6 & Touch left to left side, Step left in place.  
7 & 8 Touch right to to right side. Clap hands x 2
- SEC 6 RIGHT KICK BALL CHANGE x 2 TOE SWITCHES. DOUBLE CLAPS**  
Repeat Section 5.
- SEC 7 HEEL TOUCHES FORWARD / RIGHT SIDE.**  
1 - 2 Touch right heel forward, Touch right in place.  
3 - 4 Touch right heel forward, Touch right in place.  
5 - 6 Touch right to side, Touch right in place.  
7 - 8 Touch right to side, Touch right in place  
Turn head to right in time with right toe touches.
- SEC 8 HEEL TOUCHES FORWARD / RIGHT SIDE, CROSS UNWIND.**  
1 - 2 Touch right heel forward, Touch right in place.  
3 - 4 Touch right heel forward, Touch right in place  
5 - 6 Touch right to side, Cross right over left  
7 - 8 Unwind ½ turn left. Clap.

**Reach Out** This popular dance routine will be used with the remix of the song by Dave Sheriff to help promote the first annual **LDF Mental Health Awareness** initiative. Dancers are asked to make and post their own videos to Facebook week beginning Saturday 19th September. We hope to see a steady stream of Red Hot Salsa videos supporting "Reach Out in Dance" for Mental Health Awareness throughout the week culminating in a world-wide "**Reach Out and Dance**" the Red Hot Salsa at 14.00 BST on Saturday 26th September.

Thanks to Dave Sherif for the Remix and kindly donating the song for FREE Download.



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