

## Cardio Jive

32 Count, 4 Wall, Intermediate

Choreographer: Ike Po & Virginia Po (US) Sept 2011

Choreographed to: Every Little Thing by Carlene Carter

---

### **TOE, HEEL TOUCH, CROSS STEP, TOE, HEEL TOUCH, CROSS STEP, ROCK RECOVER**

- 1-3 Touch R toe to L instep, touch R heel to side, cross step R over L  
4-6 Touch L toe to R instep, touch L heel to side, cross step L over R  
7-8 Rock R back, recover L forward

### **LINDY SHUFFLE, ROCK RECOVER, ½ TURN SHUFFLE, ROCK RECOVER**

- 1&2 Step R to side, step L next to R, step R to side  
3-4 Rock L back, recover R forward  
5&6 ½ turn R step L back, step R back, step L next to R  
7-8 Rock R back, recover L forward

### **BOOGIE WALK, SHUFFLE, SHUFFLE FORWARD**

- 1-4 Walk R L R L forward with knee slightly bent, body leaned backward & toes pointed out  
**Style** *Open hands at waist level with palms facing forward, spread fingers while shaking hands*  
5&6 Step R forward, step L next to R, step R forward  
7&8 Step L forward, step R next to L, step L forward

### **KICK, KICK, SAILOR STEP, KICK, KICK SAILOR STEP WITH ¼ TURN L**

- 1-2 Kick R forward & side  
3&4 Step R behind L, step L next to R, step R to side  
5-6 Kick L forward & side  
7&8 Step L behind R, step R next to L, ¼ turn L step L to side

### **START OVER**

**TAG:** At the end of the 4th & 8th wall (facing 12 o'clock) add jazz box

### **JAZZ BOX**

- 1-4 Cross R over L, step L back, step R to side, step L next to R