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Body On My Mind

32 Count, 4 Wall. Beginner
Choreographed by:
Andrico Yusran (ULD Pusat, Ind) July 2020
Choreographed to: Body On My Mind by Moonshine
Intro 32 Counts.

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S1 WALK FORWARD - KICK - BACKWARD - SIDE TOUCH - CLOSE

1-4 Step R - L - R walk forward , L kick forward
5-8 L - R backward , L side touch , L close beside L

S2 SIDE ROCK STEPS - FORWARD SHUFFLE

1-3 Step R side , L recover , R close beside L
4-6 L side , R recover , L close beside R
7&8 R forward , L close beside R , R forward

S3 JAZZ BOX 1/4 TURN - JAZZ BOX

1-4 Step L cross over R , R back , L 1/4 turn to L , R forward
5-8 L cross over R , R back , L side , R cross over L

S4 SIDE TOUCH - CROSS - SIDE TOUCH - FORWARD - PIVOT 1/2 TURN - FORWARD SHUFFLE

1-4 Step L side touch , L cross over R , R side touch , R forward
5-6 L forward 1/2 turn to R , R in place
7&8 L forward , R close beside L , L forward

TAG KICK BALL CHANGE - SIDE TOUCH - CLOSE TOUCH

1&2 Step R kick forward , R tap ball beside L , L tap beside R
3-4 R side touch , R close touch beside L

TAG 4 Counts after walls 3 - 5 - 9

Enjoy The Dance

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