

## Cara Mia

16 Count, 4 Wall, Absolute Beginner Choreographer: Irene Groundwater (CAN) August 2008 Choreographed to: Cara Mia by Jay And The Americans Rose Garden by Martina McBride

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**RUMBA BOX** 

- 1-2 Step right forward, hold
- 3-4 Side left to side, step right together
- 5-6 Step left back, hold
- 7-8 Side right to side, step left together

## **ROCKING CHAIR, TURN 1/4 LEFT, ROCK, ROCK**

- 1-2 Rock right forward, recover on left
- 3-4 Rock right back, recover on left
- 5-6 Step right forward, turn 1/4 left (weight to left)
- 7-8 Rock right to side, recover to left

## **REPEAT**

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