

Cara Mia

16 Count, 4 Wall, Absolute Beginner

Choreographer: Irene Groundwater (CAN) August 2008

Choreographed to: Cara Mia by Jay And The Americans
Rose Garden by Martina McBride

RUMBA BOX

- 1-2 Step right forward, hold
- 3-4 Side left to side, step right together
- 5-6 Step left back, hold
- 7-8 Side right to side, step left together

ROCKING CHAIR, TURN ¼ LEFT, ROCK, ROCK

- 1-2 Rock right forward, recover on left
- 3-4 Rock right back, recover on left
- 5-6 Step right forward, turn ¼ left (weight to left)
- 7-8 Rock right to side, recover to left

REPEAT
