

Life Is A Lesson

48 Count. 4 Wall. Intermediate
Choreographed by:Darren Bailey and Fred Whitehouse Feb 2020
Choreographed to: House Is A Building by Anderson East
Intro: 24 Counts.

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Restart 1 - Wall 3 after 12 Counts. Restart 2 - Wall 6 after 24 Counts. Tag - Wall 8 after 12 Counts

SEC 1 1,2,3 4,5,6	STEP, TOUCH, HOLD, BACK, SWEEP BACK Step Forward on LF, Touch RF to R side, Pause Step back on RF, Sweep LF from front to back Continue to sweep (option dance sweep with an elegant hitch to finish)
SEC 2 1,2,3 4,5,6	BEHIND, SIDE ROCK, RECOVER, BEHIND, SWAY, SWAY Cross LF behind RF, Rock RF to R side, Recover onto LF (opening body slightly to R) Cross RF behind LF, Step LF to L side and sway to L (bringing body back to front wall), Sway to R
Restart Add Tag	Here on wall 3 (facing 6:00) Here on wall 8 (facing 12:00) then start the dance from the beginning
SEC 3 1,2,3 4,5,6	SIDE, ROCK BACK, RECOVER, 1/4 TURN R, 1/4 TURN R WITH POINT, HOLD Take a big step to L with LF, Make a small rock back on RF, Recover onto LF Make 1/4 turn and step forward on RF (facing 3:00), Make 1/4 turn R and touch LF to L side (facing 6:00) Pause
SEC 4 1,2,3 4,5,6	1/4 TURN L, STEP, PIVOT L, STEP, FULL TURN R Make a 1/4 turn L and step forward on LF (facing 3:00), Step forward on RF, Make a 1/2 turn pivot L (facing 9:00) Step forward on RF, Make a 1/2 turn R and step back on LF (facing 3:00), Make a 1/2 turn R and step forward on RF (facing 9:00)
Restart	Here on wall 6 (facing 9:00)
SEC 5 1,2,3 4,5,6	WALTZ BASIC FORWARD, BACK SWEEPS X3 Step forward on LF, Close RF next to LF (Can be danced as a LITTLE rock forward if you prefer), Close LF next to RF (If you danced a LITTLE rock above this would be a recover) Step back on RF sweep LF front to back, Step back on LF sweep RF front to back, Step back on RF sweep LF from front to back
SEC 6 1,2,3 4,5,6	BEHIND, SIDE, CROSS, SIDE, HOLD X2 Cross LF behind RF, Step RF to R side, Cross LF In front of RF Step RF to R side, Pause, Pause. (Counts 5-6 can be danced with a little Improvisation and drama, we like to raise our R hand from bottom to top, towards R diagonal)
SEC 7 1,2,3 4,5,6	CROSS ROCK, RECOVER, BACK, 1/2 TURN R, STEP, PIVOT 1/2 TURN R Cross Rock LF In front of RF (facing 10:30), Recover onto RF, Take a step back on LF in the direction 4:30 Make a 1/2 turn R and step forward on RF (facing 4:30), Step forward on LF, Make a 1/2 turn pivot R (Facing 10:30)
SEC 8 1,2,3 4,5,6	CROSS, SIDE, BACK WITH 1/4 TURN L, BACK, 1/4 TURN L INTO SWAY X2 Cross LF In front of RF, Step RF to R side (Squaring up to face 9:00), Make a 1/4 turn L and step back on LF (Facing 6:00) Step back on RF, Make a 1/4 turn L and step LF to L side Swaying to L (Facing 9:00), Sway to R
TAG 1-3	Danced on wall 8 after 12 Counts facing 12:00) • Sway L, Sway R Slowly sway to L



Slowly sway to R

4-6