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## Mueve La Cintura

32 Count. 2 Wall. High Beginner / Improver  
Choreographed by: Winda Dendi, Ira Barie,  
Tomi Andriansyah, Juliansyah Pasaribu (Batam-INA)  
Choreographed to: Mueve La Cintura by Pitbull  
Ft. Guru Randhawa and Tito El Bambino  
Intro: 32 Counts.

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**I. MAMBO FORWARD – V STEP - SWIVEL**

- 1&2 Step Rf forward, step LF in place, step RF beside LF  
3&4 Step LF forward, step RF in place, step LF beside RF  
5&6& Step RF diagonally forward, step LF diagonally forward, step RF back to the middle, step LF beside RF  
7-8 Swivel both heels to R, swivel both heels to L

**II. SYNCOPATED CROSS SHUFFLE – CROSS ¼ TURN L HITCH – POINT – TOUCH (9 O’CLOCK)**

- 1&2& Step RF cross over LF, step LF to side, step RF cross over LF, step LF to side  
3&4 Step RF cross over LF, step LF to side, step RF cross over LF  
5-6 Step LF cross over RF, ¼ turn L while doing hitch  
7-8 Step RF touch side, step RF touch in beside LF (9 o’clock)

**III. MAMBO FORWARD (9 O’CLOCK) – ¼ PIVOT R (12 O’CLOCK) – SIDE STEP TOGETHER  
SIDE ROCK (WITH HIP ROLLS) – RECOVER - TOUCH**

- 1&2 Step RF forward, recover on LF, step RF beside LF  
3&4 Step LF forward, ¼ turn R by stepping RF in place, step LF beside RF  
5-6 Step RF to side, step LF together  
7&8 Step RF to side (with hip rolls), recover on LF, step touch RF beside LF

**IV. ¼ TURN R COASTER STEP WITH SWEEP (3 O’CLOCK), ¼ PIVOT R (6 O’CLOCK) – SIDE MAMBO**

- 1&2 Sweep ¼ turn R by stepping RF backward, step LF beside RF, step RF forward (3 o’clock)  
3&4 Step LF forward, ¼ turn R by stepping RF in place, step LF cross over RF (6 o’clock)  
5&6 Step RF to side, step LF in place, step RF beside LF  
7&8 Step LF to side, step RF in place, step LF beside RF

**Option:** For higher level dancers.

**5-8 SYNCOPATED MAMBO**

- 5&6 Step RF to side, recover on LF, step RF beside LF  
&7&8 Step LF to side, recover on RF, step LF beside RF, step touch RF beside LF

**ENJOY THE DANCE !!!**

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