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## The Tide Is High

32 Count. 4 Wall. Beginner

Choreographed by: Yvonne Sevre (2019)

Choreographed to: The Tide Is High by Blonde (Remix)

Intro: 40 Counts. Tags Walls 3.5.8.

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### **SEC 1 (1-8) SIDE TOGETHER, CHASSE RIGHT, FORWARD ROCK, CHASSE LEFT**

- 1 – 2 Step RF to right - step LF next to RF
- 3 & 4 Step RF to right - step LF next to RF - step RF to right
- 5 – 6 Rock forward with LF - recover on RF
- 7 & 8 Step LF to left - step RF next to LF - step LF to left

### **SEC 2 (9-16) ROCK FORWARD RIGHT, COASTER, ROCK FORWARD LEFT, SAILOR ¼ TURN LEFT**

- 1 – 2 Rock forward with RF - recover on LF
- 3 & 4 Step RF back - step LF next to RF - step RF forward
- 5 – 6 Rock forward with LF - recover on RF
- 7 & 8 Cross LF behind RF - turn ¼ left when step RF to right - step LF to left

### **SEC 3 (17-24) VINE RIGHT, ROLLING VINE LEFT**

- 1 – 4 Step RF right - cross LF behind RF - Step RF right, touch LF next to RF
- 5 – 6 Turn ¼ left when stepping forward on LF – Keep turning ½ left while step back on RF –
- 7 - 8 Turn ¼ left while step LF to left – Touch RF next to LF

### **SEC 4 (25-32) RIGHT K-STEP**

- 1 – 2 Step RF forward diagonally to right - touch LF next to RF
- 3 – 4 Step LF backwards diagonally to left - touch RF next to LF
- 5 – 8 Step RF backwards diagonally to right - step LF next to RF
- 7 – 8 Step LF forward diagonally left - touch RF next to LF

### **TAG 1** After wall 3, 5 and 8

- 1 – 2 Step out to right with RF and sway to right - Sway to left
- 3 – 4 Sway to left - Sway to left and drag RF next to LF

### **TAG 2** In wall 8

- 1 – 2 Step out to right with RF and sway to right - hold
- 3 – 4 Sway to left – hold
- 5 – 8 Sway to right - Sway to left - Sway to right - Sway to left

**NOTE** After wall 8 it will be tag 2, so tag 1, and then start from the top

Smile, enjoy and take care everybody  
Contact: [yvonne.sevre@gmail.com](mailto:yvonne.sevre@gmail.com)



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA.  
Email: [contact@linedancerweb.com](mailto:contact@linedancerweb.com) [www.linedancefoundation.com](http://www.linedancefoundation.com) [www.linedancer-radio.com](http://www.linedancer-radio.com)  
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