

SHUFFLE-SHUFFLE-ROCK STEP-SHUFFLE

- 1 & 2 Shuffle forward (right, left, right)
3 & 4 Shuffle back (left, right, left)
5 - 6 Rock back onto right foot, step onto left foot
7 & 8 Shuffle forward (right, left, right)

TURNING SHUFFLE-ROCK STEP-STOMP-HOLD

- 1 & 2 Shuffle forward turning 1/2 to right (left, right, left)
3 - 4 Step back onto right foot, step onto left foot
5 - 8 Stomp right foot forward, hold, stomp left foot forward, hold

KICK BALL CHANGE-CROSS TURN TOUCH-STEP TOUCHES

- 1 & 2 Kick right foot front, rock back onto right foot, step onto left foot
3 - 4 Step right foot behind left foot, turn 1/2 to right to touch left toe side
5 - 6 Step left foot front of right foot, touch right toe side
7 - 8 Step right foot behind left foot, touch left toe side

SHUFFLE-ROCK STEP-STOMP-HOLD-KICK BALL CHANGE

- 1 & 2 Shuffle to left side (left, right, left)
3 - 4 Rock back onto right foot, step onto left foot
5 - 6 Step to right side onto right foot, hold
7 & 8 Kick left foot front, rock back onto left foot, step onto right foot

KICK BALL CHANGE -COASTER STEP-WALK FORWARD

- 1 & 2 Kick left foot front, rock back onto left foot, step onto right foot
3 & 4 Coaster step (left back, right together, left forward)
5 - 8 Walk forward (right, left, right, left)

HEEL TOUCHES-1/4 TURN-HEEL TOUCHES

- 1 - 2 Touch right heel front, step right foot home
3 - 4 Touch left heel front, step left foot home
5 - 6 Turn 1/4 to left to touch right heel front, step right foot home
7 - 8 Touch left heel front, step left foot home

REPEAT