

Can't Stop My Heart

32 count, 2 wall, beginner level

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Choreographed to: Can't Stop My Heart by Brooks & Dunn, Album Tight Rope (109 bpm)

Intro: 32 counts from first beat on vocal – "Sitting in my world alone..."

Section 1 Side, Break, Recover, Chasse, Break, Recover, Basic Forward

- 1 Step R to right side
- 2-3 Rock L over R, Recover to R
- 4&5 Step L to left side, & Close R beside L, Step L to left side
- 6-7 Rock R behind L, Recover to L
- 8&1 Step R forward & Close L beside R, Step R forward

Section 2 Turn ¼ right, Cross Shuffle, Sway x2, Chasse

- 2-3 Step L forward, Turn ¼ onto R
- 4&5 Step R to right side & Cross L across R, Step R to right side
- 6-7 Sway to right side, Sway to left side (weight on L on count 7)
- 8&1 Step R to right side & Close L beside R, Step R to right side

Section 3 Break, Recover, Triple ½ Turn, Break, Recover, ¼ Chasse Turn

- 2-3 Rock L behind R, Recover to R
- 4&5 Turn ¼ stepping L to left side & Close R beside L, Turn ¼ stepping L forward
- 6-7 Rock R forward, Recover to L
- 8&1 Turn ¼ right stepping R to right side & Close L beside R, Step R to right side

Section 4 Step ½ Turn, Basic Forward, Break, Recover, Side, Together

- 2-3 Step L forward, Turn ½ right onto R
- 4&5 Step L forward & Close L beside R, Step L forward
- 6-7 Rock R over L, Recover to L
- 8& Step R to right side & Close L beside R

KEEP ON CHA CHA CHAA AND ENJOY THE MUSIC
