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Can't Stop Dancing

32 count, 2 wall, beginner/intermediate level
Choreographer: William Sevone (Aug 2004)
Choreographed to: I Haven't Stopped Dancing Yet by
Gonzalez (134 bpm) for alternate music please refer
to dance sheet

Choreographers note:- Gonzalez, one-hit-wonders from 1979 but the music is still a firm favourite for many many dancers. And if you are one of the few who may not like the music - you can always try one of the many alternatives listed.

This dance is ideal for those established Beginners moving up to Advanced Beginner (new levels).

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the vocals with feet together and weight on the left foot.

Jazz Box. Cross Shuffle. 3x Side Rock (12:00)

- 1 - 2 Cross step right foot over left. Step backward onto left foot.
- 3 Step right foot slightly to right side.
- 4& 5 Cross step left foot over right, step right foot to right side, cross step left foot over right.
- 6 Rock right foot to right side.
- 7 - 8 Rock onto left foot. Rock onto right foot.

Jazz Box. Cross Shuffle. 3x Side Rock (12:00)

- 9 - 10 Cross step left foot over right. Step backward onto right foot.
- 11 Step left foot slightly to left side.
- 12& 13 Cross step right foot over left, step left foot to left side, cross step right foot over left.
- 14 Rock left foot to left side.
- 15 - 16 Rock onto right foot. Rock onto left foot.

3x 1/2 Right-Hold with Finger Clicks, Cross Push Step (6:00)

- 17 - 18 Turn 1/2 right & step right foot to right side. Hold - click fingers at shoulder height.
- 19 - 20 Turn 1/2 right & step left foot to left side. Hold - click fingers at shoulder height.
- 21 - 22 Turn 1/2 right & step right foot to right side. Hold - click fingers at shoulder height.
- 23 - 24 Cross push left foot over right. Step onto right foot.

1/4 Left Fwd Shuffle. Fwd Push Step. 1/2 Right Step Fwd. Fwd Push Step. 1/4 Left Side Step (6:00)

- 25& 26 Turn 1/4 left & step forward onto left foot, close right foot next to left, step forward onto left foot.
- 27 - 28 Push right foot forward. Step onto left foot.
- 29 - 30 Turn 1/2 right & step forward forward right foot. Push left foot forward.
- 31 - 32 Step onto right foot. Turn 1/4 left & step left foot to left side.

Other suggested music: Jimmy Ruffin
(99 bpm)

Stevie Wonder
Jocelyn Brown
Beverley Knight
LeAnn Rimes
Martha & The Vandellas
Amii Stewart

What becomes of the broken hearted

I was made to love her (102 bpm)
Somebody else's guy (103 bpm)
Come as you are (116 bpm)
How do I live [any dance mix] (128 bpm)
Jimmy Mack (130 bpm)
Knock on wood (140 bpm)