

Shallow

64 Count, 4 Wall, Intermediate Choreographer: Sophie Stevens (UK) Jan 2020 Choreographed to: Shallow by Lady GaGa & Bradley Cooper

24 Count Intro

S1 : 1, 2 3, 4 5, 6 7, 8	Rock back, Cross, Hold, Side Rock, Cross Sweep. Rock back on the Right, Recover Left, Cross Right over Left, Hold for count 4, Step Left to Left side, Recover onto Right, Cross Left over Right, Sweep Right over Left.
S2 : 1, 2 3, 4 5, 6 & 7 & 8 &	Weave Left, Cross Rock Recover, Quick Weave Right. Cross Right over Left, Step Left to Left side, Cross Right behind Left, Step Left to Left side, Cross Rock Right over Left, Recover Left, (Quick Weave Right: Side, Cross, Side, Behind, Side) Step Right to Right side, Cross Left over Right, Step Right to Right side, Cross Left behind Right, Step Right to Right side.
S3 : 1, 2 3, 4 5, 6 7, 8	Walk, Hitch, Walk, Hitch, Rock Recover, Step Sweep. Step forward Left, Hitch Right, Step forward Right, Hitch Left, Rock forward Left, Recover back Right, Step forward Left, Sweep Right over Left.
S4 : 1, 2 3, 4 5, 6 7, 8	Forward Tap, Back Tap, Step Sweep, Forward Tap. (On the Left Diagonal) Step forward Right, Tap Left beside Right, Step back Left, Tap Right beside Left, Step forward Right, Sweep Left over Right, (Straighten up to front) Step forward Left, Tap Right beside Left.
S5 : 1, 2 3, 4 5, 6 & 7, 8	Back, Sweep, Back, Sweep, Rock Back Recover, Full Turn, Step. Step back Right, Sweep Left from front to back, Step back Left, Sweep Right from front to back, Rock back Right, Recover forward Left, Full Turn Left stepping forward Right, Left, Step forward Right.
S6: 1, 2 3, 4 5, 6 7, 8	Step, Hitch, Back, Hook, Step, Sweep ¼ Turn, Cross, Side. Step forward Left, Hitch Right, Step back Right, Hook Left over Right, Step forward Left, Sweep Right over Left ¼ Turn Left, Cross Right over Left, Step Left to Left side.
S7: 1, 2 & 3, 4 & 5 & 6 & 7, 8	Behind, Hold, Side, Cross, Hold, Quick Weave Left. Cross Right behind Left, Hold on count 2, Step Left to Left side, Cross Right over Left, Hold on count 4, (Quick Weave Left: Side, Behind, Side, Cross, Side, Behind, Side) Step Left to Left side, Cross Right behind Left, Step Left to Left side, Cross Right over Left, Step Left to Left side, Cross Right behind Left, Step Left to Left side.
S8 : 1, 2 3, 4 5, 6 7, 8	Sway 1,2,3, Hold 4, Cross unwind, Side. Sway Right, Sway Left, Sway Right, Hold count 4, Cross Left over Right, Unwind turning Right, Step Left to Left side.

Restart: One restart on wall 2 after count 16.

Ending: The dance ends at the front wall after the sweeps back.



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