



Little Jack Frost, Get Lost!

32 Count, 4 Wall, Beginner

Choreographer: Val Saari (Can) December 2019

Choreographed to: Jack Frost, Get Lost
by Bing Crosby and Peggy Lee

Begin on "Little Jack Frost"

TOE-STRUT V-STEP WITH FINGER SNAPS

- 1-4 Touch RF toe diagonally forward (1:00), Step heel down & Snap fingers, Touch LF toe diagonally forward (11:00), Step heel down & Snap fingers,
5-8 Touch RF toe behind to centre, Step heel down & Snap fingers, Touch LF toe beside R, Step heel down & Snap fingers

RF ROCKING CHAIR, STEP-FLICKS BEHIND (RL)

- 1-2 Rock RF forward, Recover L
3-4 Rock RF back, Recover L
5-6 Step RF forward, Flick LF up behind R
7-8 Step LF left, Flick RF up behind L

SHUFFLE FWD RLR, ROCK/RECOVER, SHUFFLE BACK LRL, ROCK/RECOVER

- 1&2 Shuffle forward RLR
3-4 Rock LF forward, Recover R
5&6 Shuffle back LRL
7-8 Rock RF back, Recover L

RF TOE-STRUT MODIFIED JAZZ BOX TURN 1/4 R, STEP-TOUCHES RL

- 1-2 Touch RF toes over L Turn 1/4 R, Drop R heel down
3-4 Step LF left on toes, LF heel down
5-6 Step RF right, Touch LF toes beside R
7-8 Step LF left, Touch RF toes beside L

Repeat



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