

Intro: 40 sec (Start dance on the word "Life")**S1 Cross Rock, Chasse, Cross Rock, Chasse**

- 1-2 Rock R over L, recover weight to L 12.00
3&4 Step R to R, step L next to R, Step R to R
5-6 Rock L over R, recover weight to R
7&8 Step L to L, step R next to L, step L to L

S2 Jazz Box ¼ R, Point & Point, Shuffle Fwd

- 1-2 Cross R over L, turn ¼ R and step back 3.00
3-4 Step R to R, cross L over R
5&6 Point R to R, step R next to L, point L to L
7&8 Step L fwd, step R next to L, step L fwd

S3 Kickball Step, Walk x2, Rockstep, Shuffle ¼ Turn R

- 1&2 Kick R fwd, step R next to L, step L fwd
3-4 Step R fwd, step L fwd

Restart here on wall 5

- 5-6 Rock R fwd, recover weight to L
7&8 Turn ¼ R and step R to R, step L next to R, step R to R 6.00

S4 Weave ¼ R, Step, Turn ½ R, Shuffle Fwd

- 1-2 Cross L over R, step R to R
3-4 Cross L behind R, turn ¼ R and step R fwd 9.00
5-6 Step L fwd, turn ½ R (weight on R) 3.00
7&8 Step L fwd, step R next to L, step L fwd

Restart here on wall 2 and 6**S5 Rocking Chair**

- 1-2 Rock R fwd, recover weight to L
3-4 Rock L back, recover weight to L

Tip- Angle body slightly diagonal when doing the rocking chair to make it easier to start the dance again.

Tag! After first wall, do a tag repeating the last 4 counts

- 1-2 Rock R fwd, recover weight to L
3-4 Rock L back, recover weight to L

Restarts: -

On wall 2 and 6. Restart dance after count 32

On wall 5. Restart dance after count 20

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