

It's All For You

32 Count, 2 Wall, High Intermediate Choreographer: Paul Snooke (AU) Nov 2019 Choreographed to: Hypnotised by Years and Years

Intro: Starts on lyrics 0:19 seconds into the track

- **S1** L Forward & Full Turn Pencil, R Forward, ¼ L Forward, ¼ R Forward & Sweep L, L Cross, R Side, L Behind & Sweep R, R Behind, 1/4 L Forward, R Side, Hands to Face
- Step LF forward & full turn pencil on LF while hooking R, step RF forward, turn 1/4 R & step LF forward 1-2&
- 3-4& Turn ¼ R & step RF forward sweeping LF around in front of R, cross LF over R, step RF to R side [6:00]
- Cross LF behind R & sweep RF around behind L, cross RF behind L, turn 1/4 L & step LF forward 5-6&
- 7-8 Step RF to R side, both hands run slowly up your body and touch each cheek

Restart: Walls 4 will restart after count 8. You will be facing the side wall (3 o'clock). The dance will need to restart to the front wall. From the side position, complete a 3/4 pencil turn on count 1, then continue with count 2. There will be a video teach online for visual confirmation.

- S2 R Lunge, ¼ L Forward & Sweep, R Cross, L Back, ½ R Forward, ½ L Back, ½ R Forward into a Forward Coaster, L Back, R Cross, 1/2 Unwind
- 1-2 Bend R knee into a lunge, turn ¼ L & step LF forward sweeping RF around in front of L [12:00]
- Cross RF over L, step LF back, turn ½ R & step RF forward, turn ½ R & step LF back [12:00] 3&4&
- Turn ½ R & step RF forward, step LF together, step RF back (coaster), step LF back [6:00] 5&6&
- 7-8 Cross RF over L, unwind ½ L with weight on RF [12:00]

Restart: Walls 2 & 7 will restart after count 16. You will be facing the back wall and then the front respectively

- **S**3 L Side & Drag R, 1/8 R Back, L Back, 1/8 R Side, L Cross, 3/4 Unwind, L Forward, 1/2 R Back, 1/2 L Forward, R Forward & Point L Toe, ½ L Forward, ¼ R Side
- 1-2& Step LF to L side dragging R toe, turn 1/8 R & step RF back, step LF back [1:30]
- 3-4& Turn 1/8 R & step RF to R side, cross LF over RF, unwind 3/4 with weight on RF [12:00]
- Step LF forward, turn ½ L & step RF back, turn ½ L & step LF forward [12:00] 5-6&
- 7-8& Step RF forward & push L toe back, turn ½ L & step LF forward, turn ¼ L & step RF to R side [3:00]
- **S4** L Back/Rock, Recover, L Side, R Back/Rock, Recover, R Side, L Behind, 3/4 Unwind & R Hand Raise, R Back & R Heart, L Back & L Heart, R Together
- Step/rock LF back on R diagonal, recover weight to RF, step LF to L side 1-2&
- Step/rock RF back on L diagonal, recover weight to LF, step RF to R side 3-4&
- 5-6 Cross LF behind RF, unwind ¼ L with weight on LF & raise R hand up in front palm up [6:00]
- Step RF back & R hand over heart, step LF back & L hand over other hand on your heart, step RF 7-8& together & drop hands slowly



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