

Fire It Up
32 Count, 4 Wall, Easy Intermediate Choreographer: Ivonne Verhagen, Daniel Trepat & Roy Hoeben (NL) Nov 2019 Choreographed to: Fire It Up by Outasight

## Start on Vocals after 32 counts)

| Section 1        | BACK SWEEP, BACK SWEEP, COASTER STEP, WALK, WALK & LOCK, UNWIND ½ WITH HEEL BOUNCE, JUMP OUT   |
|------------------|--|
| 1,2              | RF step back and sweep LF back, LF step back and sweep RF back   |
| 3&4              | RF step back, LF step next right, RF step forward  |
| 5&6              | LF step forward, RF step forward, LF lock behind RF  |
| 7&8              | Start unwind ½ turn left, Heel bounce and finish unwind ½ turn left,   |
|                  | Jump both feet apart (weight on LF) (6h)   |
|                  |  |
| Section 2        | TWIST 2X, HITCH, STEP BIG STEP SIDE, TOUCH, ¼ RIGHT & STEP SIDE TOUCH, RIGHT HAND UP, LEFT HAND UP   |
| 1&2              | RF twist heel in, RF twist toe in, Hitch right knee in front of left   |
| 3,4              | RF step a big step side, LF touch to RF  |
| 5,6              | 1/4 turn right & LF step side, RF touch to LF (9h)   |
| &7&8             | Bend both knees and lean left, Right hand up, Bend both knees and lean right, Left hand up   |
| Cootion 2        | CROSS ROCK FORWARD & SIDE (OV) STED OV RADDI E (TOTAL 1/ TURN DICUT)   |
| Section 3<br>1&2 | CROSS ROCK FORWARD & SIDE (2X), STEP, 2X PADDLE (TOTAL ½ TURN RIGHT) RF cross rock over LF (push hips forward), LF recover on LF, RF step side |
| 3&4              | LF cross rock over RF(push hips forward), RF recover on RF, LF step side   |
| 5,6              | RF step forward, ¼ turn right and paddle with LF   |
| 7 <b>-</b> 8     | 1/4 turn right and paddle with LF, LF step forward (3h)  |
|                  |  |
| Section 4        | STEP, 2X PADDLE (TOTAL ½ TURN RIGHT), KICK, OUT, OUT, 2 KNEE POPS  |
| 1-2              | RF step forward, ¼ turn right and paddle with LF   |
| 3-4              | ¼ turn right and paddle with LF, LF step forward (9h)  |
| 5&6              | RF kick forward, RF step out, LF step out  |
| &7&8             | Bend both knees lifting heels slightly, straighten both legs lowering heels softly,  |
|                  | bend both knees lifting heels slightly, straighten both legs lowering heels softly (weight finish on LF)                                       |
| Tag 1            | 16 counts:   |
| _                | WALK RIGHT SIDE OF THE FLOOR, HOLD, WALK LEFT SIDE OF THE FLOOR, HOLD  |
| 1,2,3,4          | walk to the right side of the floor R-L-R- Hold (show them "Get louder now")   |
| 5,6,7,8          | walk to the left side of the floor L-R-L- Hold (show them "Get louder now")  |
|                  | ROCK STEP, STEP BACK, ¼ TURN RIGHT, CROSS OVER, 4X WALK FORWARD TO SPOT  |
| 1,2,3,4          | RF cross rock over LF, LF step back on LF, 1/4 turn right & RF step big step side,   |
|                  | LF cross over RF   |
| 5,6,7,8          | RF walk forward, LF walk forward, RF walk forward, LF walk forward (to your own dance spot)  |
| Tag 2            | 8 counts:  |
| ray z            | STEP FORWARD, 7X BOUNCE (TOTAL ½ TURN)   |
| 1,2,3,4          | RF step forward, 1/8 turn bounce both feet, bounce both feet, step forward,  |
| , ,-,            | 1/8 turn bounce both feet, bounce both feet,   |
| 5,6,7,8          | 1/8 turn bounce both feet, bounce both feet, 1/8 turn bounce both feet, bounce both feet   |
|                  | (weight finish on LF)  |
| TAG 1:           | After wall 2 (6h) and 5 (9h)   |
| TAG 1:           | After wall 2 (6h) and 5 (9h)   |
| Tag 2:           | After wall 7 (3u)  |
| •                | • •  |

Start again. Have fun!



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