

### Intro: 32 counts

#### **S1 Hip roll forward/recover, shuffle forward diagonal (2X)**

- 1-2 RF press ball of foot diagonally forward rolling hips clock wise, recover onto LF  
3&4 RF step forward diagonal, LF step together(&), RF step forward diagonal  
5-6 LF press ball of foot diagonally forward rolling hips counter clock wise, recover onto RF  
7&8 LF step forward diagonal, RF step together(&), LF step forward diagonal

#### **S2 Jazz Box, Cross, Slide R, 2 hops with 1/2 Turn L**

- 1-2 RF cross in front of LF, LF step back  
3-4 RF step right, LF cross in front of RF  
5-6 RF big step right, LF drag together  
7-8 Make 1/4 turn left jumping BF slightly back (09.00), make 1/4 turn left jumping BF slightly left (06.00)

#### **S3 Rock forward/ recover, chug steps (2X) with 1/4 turn R, Sailor steps (2X)**

- 1-2 RF rock forward, recover onto LF  
3& Make 1/8 turn right rocking RF to right, recover onto LF  
4& Make 1/8 turn right rocking RF to right, recover onto LF (09.00)  
5&6 RF cross behind LF, LF step left (&), RF step right  
7&8 LF cross behind RF, RF step right (&), LF step left

#### **S4 Hip Bumps Forward R/L, Rock Forward/ Recover, together, knee pop**

- 1&2 RF touch forward bumping hips forward, bump hips back(&), bump hips forward taking weight onto RF  
3&4 LF touch forward bumping hips forward, bump hips back (&), bump hips forward taking weight onto LF  
5-6 RF rock forward, recover onto LF  
7&8 RF step together, pop knees up (&), stretch both knees

**(Optional: point both index fingers to side of the body with knee pop)**



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[contact@linedancerweb.com](mailto:contact@linedancerweb.com)



, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768

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