
Start after 32 counts introduction (approx 0:22). There's one Re-start after count 16 on the 8th repetition

Section 1 Rock to right & hitch, step in place, step together, step in place, step to right, heel switches, shuffle forward

1,2 Rock RF to right and hitch left knee, recover on LF
3,4 Step RF together, step LF in place
&5&6 Step RF to right, tap heel of LF to left diagonal forward, step LF together,
tap heel of RF to right diagonal forward
&7&8 Step on ball of RF together, step LF forward, step RF together, step LF forward

Section 2 ¼ pivot turn left, cross shuffle, ¼ turn left and step forward, ¼ turn left and step side, shuffle left

1,2 Step RF forward, ¼ turn left and step on LF
3&4 Cross RF over LF, step LF together, cross RF over LF
5,6 ¼ turn left and step LF forward, ¼ turn left and step RF to right
7&8 Step LF to left, step RF together, step LF to left

Restart here on the 8th repetition

Section 3 Rock step forward, step back, heel strut, ½ pivot turn left, shuffle forward

1,2 Rock RF forward, recover on LF
&3,4 Step RF backward, tap heel of LF forward, step on LF in place
5,6 Step RF forward, ½ turn left and step on LF
7&8 Step RF forward, step LF together, step RF forward

Section 4 Rock step forward, coaster step, sailor step, ½ turn sailor step

1,2 Rock LF forward, recover on RF
3&4 Step on ball of LF backward, step RF together, step LF forward
5&6 Step on ball of RF behind LF, step on ball of LF to left, step RF to right
7&8 ¼ turn left and step on ball of LF behind RF, ¼ turn left and step on ball of RF in place,
cross LF over RF

Start again



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