

# Lit In The Sticks For 2

16 Count, Absolute Beginner Choreographer: Guy Dube and Nancy Milot (CA) Oct 2019 Choreographed to: Lit In The Sticks by Ryan Langdon

#### Start: In Sweetheart position. The steps are the same for the man and the woman. Intro: 16 counts.

## S1 Rock Step, Recover, Coaster Step, Rock Step, Recover, Together, Heel, Together, Stomp

- 1-2 Rock step R forward, recover on L
- 3&4 Step R back, step L together R, step R forward
- 5-6 Rock step L forward, recover on R
- &7 Step L together R, heel R forward
- &8 Step R together L, stomp L on the floor forward

## Restart: At the 4th and 8th repetition after 8 counts, restart the dance from the beginning.

- S2 2x (Walk Fwd), Kick-Ball-Step, 2x (Step, Pivot <sup>1</sup>/<sub>2</sub> Turn L)
- 1-2 Walk R, L forward
- 3&4 Kick R forward, step R together L, step L forward
- \*\*\* On the count 5, let go both R hands and raise both L hands.
- 5-6 Step R forward, pivot ½ turn to left
- 7-8 Step R forward, pivot 1/2 turn to left
- \*\*\* On count 8 resume the sweetheart position.

#### Have fun!

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