

### S1 Heel Struts 4x Moving Forward

- 1 – 4 Step R heel forward (1); Drop R toe (2); Step L heel forward (3); Drop L toe (4)  
5 – 8 Step R heel forward (5); Drop R toe (6); Step L heel forward (7); Drop L toe (8) 12:00

### S2 Forward Mambo, Back Mambo

- 1 – 4 Rock R forward (1); Return weight to L (2); Step R slightly back (3); Hold (4)  
5 – 8 Rock L back (5); Return weight to R (6); Step L slightly forward (7); Hold (8) 12:00

### S3 Step Hold, ¼ Turn Left Hold, Step Hold, ¼ Turn Left Hold

- 1 – 4 Step R forward (1); Hold (2); Turn ¼ left shifting weight to L (3); Hold (4) 9:00  
5 – 8 Step R forward (5); Hold (6); Turn ¼ left shifting weight to L (7); Hold (8) 6:00

### S4 Slow Jazz Box

- 1 – 4 Step R over L (1); Hold (2); Step L back (3); Hold (4)  
5 – 8 Step R to right (5); Hold (6); Cross L over R (7); Hold (8) 6:00

### S5 Vine Right Touch, Vine Left Touch

- 1 – 4 Step R to right (1); Step L behind R (2); Step R to right (3); Touch L next to R (4)  
5 – 8 Step L to left (5); Step R behind L (6); Step L to left (7); Touch R next to L (8) 6:00

### S6 Stomp 2x (Out, Out), Slap, Clap, Snap with Hip Bumps

- 1 – 2 Moving slightly forward, ending with feet apart: Stomp R to right (1); Stomp L to left (2)  
3 – 4 Slap front of thighs (3); Clap hands (4)  
5 – 6 Snap fingers as you bump hips left (5); Hold (6)  
7 – 8 Bump hips right (7); Bump hips left (8) 6:00

**Fun variation: On count 5, instead of doing the snap, you can pat hands with one of your neighbors.**

**Begin again!**

**Ending: On Wall 10, omit the hip bumps R, L (the last 2 counts of the dance). The final note of the song will be as you snap/bump hips left. Hold that pose!**

**Try this dance in contra lines, facing each other, in windows. You will pass through the window on the 4 heel struts (counts 1-8). Have fun!**



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