

Hurt On Me

32 Count, 4 Wall, Beginner Choreographer: Sue Langridge (UK) Aug 2019 Choreographed to: Put The Hurt On Me by Midland

S 1	Cross Rock	, Shuffles
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1 2 3 & 4 Rock R over L, recover on L, shuffle RLR to R side Rock L over R, recover on R, shuffle LRL to R side 567&8

Cross Taps, Sweeps, Coaster Step S2

Cross R over L, tap L to L side, step L behind R, tap R to R side 9 10 11 12

12 14 15&16 Sweep R back, sweep L back, step back on R, step L beside R, step fwd. on L

Forward, Pivot Turn, Back Lock Back, Back Rock, Shuffle 1/2 Turn **S3**

17 18 19&20 Step fwd. on L, pivot ½ turn to L stepping back on R, Step back L, lock R front of L, step back L

Rock back on R, recover on L, shuffle ½ turn to L stepping RLR 21 22 23&24

Sweeps, Coaster Step, Hip Sways, Turn S4

25 26 27&28 Sweep L back, sweep R back, step back on L, step R beside L, fwd. on R

29 30 31 32 Sway hips R then L, sway hips R then L turning a 1/4 turn to the R

4 Count Tag

At end of wall 6 there is a change in music, dance 2 x kickball change on R foot, restart.

1&2 3&4 Kick R fwd., step R in place, step L beside R

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