

Intro: 16 counts @ 0.08sec

Sequence: AA BB AAAA B AAA B AA

Part A

S1 Diagonal Step Lock, Step Lock Step, ¼ Turn Forward Step Lock, Step Lock Step

- 1-2 Diagonal step right fwd (1), lock left behind right (2)
- 3&4 Step right forward (3), lock left behind right (&), step right forward (4)
- 5-6 ¼ left step left forward (5), lock right behind left (6)
- 7&8 Step left forward (7), lock right behind left (&), step left forward (8) (9:00)

S2 Step Step, Back Hitch, Back Hitch, Rock Back Recover

- 1-2 Step right forward to right (1), step left forward to left (2)
- 3-4 Step right back (3), hitch left slightly bouncing on ball of RF (4)
- 5-6 Step left back (5), hitch right slightly bouncing on ball of LF (6)
- 7-8 Rock right back (7), recover on left (8)

S3 ¼ L Pivot Cross, Chest Pump, Side Rock Cross Chest Pump

- 1-3 Step RF forward (1), ¼ left shifting weight on left (2), Cross right over left (3) (6:00)
- &4 Pull shoulders back to raise chest (&), release (4) Optional: Hold on count &4
- 5-7 Rock left to left (5), Recover on right (6), Cross left over right (7)
- &8 Pull shoulder back to raise chest (&), release (8) Optional: Hold on count &8

S4 Full Turn Run, Press Glide, Press Glide

- 1-4 Full right run right (1), left (2), right (3), left (4),
- 5-6 Press ball of right next to left (5), slowly bring right heel down & slide left backwards simultaneously (6)
- 7-8 Press ball of left next to right (7), slowly bring left heel down & slide right backwards simultaneously (8)

Option for counts 5-8 Toe Strut R (5-6) Toe Strut L (7-8)

Part B

S1 Diagonal Forward Run Kick, Diagonal Back Run Point

- 1-4 Turn 1/8 right Run forward Right (1), left (2), right (3), kick left forward (4) (1:30)
- 5-8 Step back left (5), right (6), left (7), turn 1/8 left point right to right (8) (12:00)

S2 Diagonal Forward Run Kick, Diagonal Back Run Point

- 1-4 Turn 1/8 left Run forward Right (1), left (2), right (3), kick left forward (4) (10:30)
- 5-8 Step back left (5), right (6), left (7), turn 1/8 right point right to right (8) (12:00)

S3 Jazz Box ¼, Jazz Box ¼

- 1-2 Cross right over left (1), step left slightly back (2),
- 3-4 ¼ turn right step right to right (3) Step left beside right (4) (3:00)
- 5-6 Cross right over left (5), step left slightly back (6),
- 7-8 ¼ turn right step right to right (7) Step left beside right (8) (6:00)

S4 Side Rock Cross, Side Rock Cross, Back Back

- 1-3 Rock right to right (1), recover onto left (2), cross right over left (3)
- 4-6 Rock left to left (4), recover onto right (3), cross left over right (6)
- 7-8 Step right back (7), step left back (8)

