

- 1 – 2** **Walk R, Walk L**
Step forward on your R foot then your L
- 3 & 4** **R Heel Grind**
Step forward on and grind your right heel into the ground, step back in place on R, step back in place on L
- 5 - 6** **Sweep Back L, Sweep Back R**
Sweep L out and step back in a semi-circle, repeat on R
- 7 & 8** **L Sailor Sweep ½ Turn**
Make a ½ turn L by sweeping and stepping L behind R, step R to R side, step L to L side
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- 1 - 2** **Rock Out R, Recover On L**
With weight on R foot lean out to R, recover weight on L foot
- 3 & 4** **R Coaster Step**
Step back on R, step back on L, step forward on R
- 5 & 6 &** **Lock Step L In a ¼ of a Circle**
Step L and bring in R foot behind it, repeat
- 7 & 8** **Lock Step L In a ¼ of a Circle**
Step L and bring in R foot behind it, repeat
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- 1 & 2** **R toe heel stomp with a cross**
Turn R knee in with R toe down, scuff heel diagonally across L, step R foot down
- 3 & 4** **L Toe Heel Stomp With a Cross**
Turn L knee in with L toe down, scuff heel diagonally across R, step L foot down
- 5 & 6** **Chasse R**
Step R foot to R, L foot to R, R foot to R
- 7 & 8** **L Mambo Step**
Quickly step forward on L, backwards onto R, backwards on L
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- 1 - 2** **Walk R, walk L**
Step forward on R, step forward on L
- 3 & 4** **Full Triple Turn L**
Turn L in three steps, R, L, R
- 5 - 6** **Rock Out L, Recover on R**
With weight on L foot, lean to L, recover weight on R
- 7 & 8** **Full and ¼ Triple Turn R**

Choreographer's notes: 24 count intro; finishes naturally at the front wall by wall 12 after the heel grind; no tags; 3 restarts – on walls 3, 6 & 8.

Music download available from



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