

## Can You Stand It

48 Count, 4 Wall, Improver

Choreographer: Sandy Kerrigan (Sydney) Australia (Jan 2013)

Choreographed to: Can You Stand It by Johnnie Johnson,

Album: Johnnie B. Bad (iTunes)

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- 1 Weave to R Side, Side Shuffle with Turn  $\frac{1}{4}$ , Back Rock Step**  
1 2 3 4 Step R to R Side, Cross L Behind R, Step R to R Side, Cross L over R  
5 & 6 7 8 Turning  $\frac{1}{4}$  L-Step R to R side, Step L next to R, Step R to R, Rock Back L, Rock Fwd R
- 2 Weave to L Side, Side Shuffle with Turn  $\frac{1}{4}$ , Back Rock Step**  
1 2 3 4 Step L to L Side, Cross R Behind L, Step L to L Side, Cross R over L 9:00  
5 & 6 7 8 Turning  $\frac{1}{4}$  R-Step L to L Side, Step R next to L, Step L to L, Rock Back R, Rock Fwd L 12:00  
(Shuffle Note: Turn  $\frac{1}{4}$  on the first Step of Side Shuffle)
- 3 Reggae Turn  $\frac{1}{4}$  R, (toe points) Point Turn  $\frac{1}{4}$ , Step, Point Turn  $\frac{1}{4}$ , Step**  
1 2 3 4 Cross R over L, Step Back on L,  $\frac{1}{4}$  R-Step Fwd R, Step Fwd on L 3:00  
5 6 Turning  $\frac{1}{4}$  R-Point to R Fwd, Step on R in place 6:00  
7 8 Turning  $\frac{1}{4}$  L-Point to L Fwd, Step on L in place 3:00 (this is not a Monterey turn)
- 4  $\frac{1}{2}$  Pivot Turn L, Reggae, Heel, Together, Heel**  
1 2 3 4 Step Fwd R,  $\frac{1}{2}$  Pivot Turn L-wt on L, Cross R over L, Step Back on L  
5 6 7 8 Step R to R Side, Place L Heel Fwd, Step L next to R, Place R Heel Fwd 9:00
- 5 Back Rock Step, Tap, Step, Tap, Step, Tap, Step  $\frac{1}{4}$  Side**  
1 2 3 4 Rock Back on R, Rep Fwd to L, Tap R Toe next to L-R Knee turned in, Step slightly Fwd on R  
5 6 Tap L Toe next to R-L Knee turned in, Step slightly Fwd on L 9:00  
7 8 Tap R Toe next to L-R Knee turned in, Turn  $\frac{1}{4}$  L to 6:00 Step R to R Side
- 6 Stomp, Stomp,  $\frac{1}{2}$  L Walk Around, Fwd Heel, Reverse Walk Around  $\frac{3}{4}$  R**  
1 2 Stomp L next to R, Stomp L next to R,  
3 4 5 Turning  $\frac{1}{4}$  L Step Fwd L,  $\frac{1}{4}$  L-Step Fwd R to 12:00, Place L Heel Fwd,  
6 7 8 Step Back on L,  $\frac{1}{2}$  R Step Fwd R 6:00,  $\frac{1}{4}$  R Step L next to R 9:00  
(Note: walk around turns have a compact feel, almost on the spot.)

This song reminds me so much of Little Richard....The Architect of Rock 'N Roll.