
Intro: Start after 16 counts

Sequence of dance: Intro Dance A B A32 Tag A B A32 Pose

Intro Dance/Tag (24 counts)

S1 Step & Sit On R & Hold 4 Counts, Step & Sit On L Bounce 4 Times

1 – 4 Step R to R & sit on R (1), hold (2-4)

5 – 8 Step L to L & bounce on L 4 times (5-8)

S2 Cross R Over L & Hold 4 Counts, Unwind Full Turn L

1 – 4 Cross R over L (1), hold (2-4)

5 – 8 Unwind full turn L (5-8) (weight on L)

S3 Repeat Section 1 (Intro Dance/Tag Part)

Part A (64 Counts)

S1 R Side, L Together, R Side, Hold, ½ Turn R L Side, R Together, L Side, Hold

1 – 4 Step R to R (1), step L beside R (2), step R to R (3), hold (4)

5 – 8 ½ turn R step L to L (5) (6.00), step R beside L (6), step L to L (7), hold (8)

S2 Repeat Section 1 (Part A) (12.00)

S3 Touch R Forward, ¼ Turn L Flick R (x2), Shimmy Forward, Shimmy Back

1 – 4 Touch R forward (1), ¼ turn L flick R (2) (9.00), touch R forward (3), ¼ turn L flick R (4) (6.00)

5 – 8 Hold & shimmy forward (5-6), hold & shimmy back (7-8) (6.00)

S4 Repeat Section 3 (Part A) (12.00)

S5 R Toe Strut, L Toe Strut, R Forward, Hold, ½ Turn L, Hold

1 – 4 Touch R forward (1), step R down (2), touch L forward (3), step L down (4)

5 – 8 Step R forward (5), hold (6), ½ turn L step L forward (7) (6.00), hold (8)

S6 Repeat Section 5 (Part A) (12.00)

S7 Bounce At Diagonal R, Bounce At Diagonal L, R Back & Bounce, L Back & Bounce

1&2 3&4 Step R to diagonally R (1), step L on ball beside R (&), step R on ball in place (2),
step L to diagonally L (3), step R on ball beside L (&), step L on ball in place (4)

5&6 7&8 Step R back (5), step L on ball beside R (&), step R on ball in place (6), step L back (7), step R
on ball beside L (&), step L on ball in place (8)

S8 R Out, L Out, Hold, R In, L In, Hold, Hold 4 counts (Point To L & R)

&12 &34 Step R out (&), step L out (1), hold (2), step R in (&), step L in (3), hold (4)

5 – 8 Hold & point L finger to R (5-6), hold & point L finger up (7-8)

Part B (64 Counts)

S1 R Kick, Step R Down, Kick L, Step L Down, Twist RLRL

1 – 4 Kick R forward (1), step R down (2), Kick L forward (3), step L down (4)

5 – 8 Twist both heels to R L R L (5-8)

S2 R Step Lock Step, Hold, ½ Turn L Step Lock Step, Hold

1 – 4 Step R forward (1), step L behind R (2), step R forward (3), hold (4)

5 – 8 ½ turn L step L forward (5) (6.00), step R behind L (6), step L forward (7), hold (8)

S3 Repeat Section 1 (Part B) (6.00)

S4 Repeat Section 2 (Part B) (12.00)

S5 Walk Forward RLR, L Side, Hold x4

1 – 4 Step R forward (1), step L forward (2), step R forward (3), step L to L (4)

5 – 8 Hold 4 counts & slowly transfer weight to R (5-8)

S6 Walk Back LRL, R Side, Hold x4

1 – 4 Step L back (5), step R back (5), step L back (7), step R to R (8)

5 – 8 Hold 4 counts & slowly transfer weight to L (5-8)

S7 R Forward Mambo, Hold, L Back Mambo, Hold

1 – 4 Rock R forward (1), recover on L (2), rock R back (7), hold (8)

5 – 8 Rock L back (5), recover on R (6), rock L forward (7), hold (8)

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| S8 | ½ Turn R R Back, ¼ Turn L Recover L, ¼ Turn L R Side, Hold, ½ Turn L L Back, ¼ Turn R Recover R, ¼ Turn R L Side, Hold |
| 1 – 4 | ½ turn R step R behind L (1) (6.00), ¼ turn L recover on L (2) (3.00), ¼ turn L step R to R (7) (12.00), hold (8) |
| 5 – 8 | ½ turn L step L behind R (5) (6.00), ¼ turn R recover on R (6) (9.00), ¼ turn R step L to L (7) (12.00), hold (8) |



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contact@linedancerweb.com



, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 charged at 10p per minute

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