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**Start after 16 count intro – 3mins 45secs – 110bpm**

**Section 1 R kick ball point side L, L tog, 2 x toe switches R/L, L coaster, R fwd shuffle**

1&2& Kick R forward, step R together, point L side, step L together  
3&4 Point R side, step R together, point L side  
5&6 Step L back, step R together, step L forward  
7&8 Step R forward, step L together, step R forward

**Section 2 L fwd, ¼ R pivot turn, L fwd shuffle, ½ L, R shuffle back, ¼ L, L side rock/recover, L tog**

1-2 Step L forward, pivot ¼ right (3 o'clock)  
3&4 Step L forward, step R together, step L forward (extended 5th)  
5&6 Turning ½ left step R back, step L together, step R back (9 o'clock)  
7-8& Turning ¼ left rock L side, recover weight on R, step L together (6 o'clock)

**WALL 3 RESTART: Dance first 16 count, on the '& count' step L together and begin dance again (6 o'clock)**

**Section 3 R side rock/recover, R sailor, L sailor, R kick ball step**

1-2 Rock R side right, recover weight on L  
3&4 Cross step R behind L, step L side, step R side  
5&6 Cross step L behind R, step R side, step L side  
7&8 Kick R forward, step R together, step L forward

**Section 4 R fwd, L tap behind R, L ball step with ½ R, L fwd, R fwd, L tap behind R, L ball step with ¼ R, R side, L fwd**

1-2& Step R forward, tap L behind, step L back  
3-4 Turning ½ right step R forward, step L forward (12 o'clock)  
5-6& Step R forward, tap L behind, step L back  
7-8 Turning ¼ right step R side, step L forward (3 o'clock)

**Section 5 R fwd rock/recover, R coaster cross, L side rock/recover/cross, R side rock/recover/cross (travelling forward)**

1-2 Rock R forward, recover weight on L  
3&4 Step R back, step L together, cross step R over L  
5&6 Rock L side, recover weight on R, cross step L forward  
7&8 Rock R side, recover weight on L, cross step R forward

**NB: Counts 37-40 travel forward in your line of dance**

**Section 6 L fwd rock/recover, L tog, R fwd, ¼ L pivot turn, R cross over, L back, R side R, L cross shuffle**

1-2& Rock L forward, recover weight on R, step L together  
3-4 Step R forward, pivot ¼ left (12 o'clock)  
5-6& Cross step R over L, step L back, step R side right  
7&8 Cross step L over R, step R side, cross step L over R

**WALL 7: Dance finishes here on count 48; you will be facing 12 o'clock so just strike a pose!**

**Section 7 R side rock/recover, R behind/L side/R cross, ¼ R, L back shuffle, ¼ R, R side shuffle**

1-2 Rock R side, recover weight on L  
3&4 Cross step R behind L, step L side, cross R over L  
5&6 Turning ¼ right step L back, step R together, step L back (3 o'clock)  
7&8 Turning ¼ right step R side, step L together, step R side (6 o'clock)

**Section 8 L cross rock/recover, L side L, R cross shuffle, L side rock/recover, full turning L triple**

1-2& Cross rock L over R, recover weight on R, step L to left side  
3&4 Cross step R over L, step L side, cross step R over L  
5-6 Rock L side, recover weight on R  
7&8 Full left turning triple L/R/L on the spot (6 o'clock)

**Non-turning version for counts 63&64: L coaster step**