

# Run Like The River

32 Count, 4 Wall, Beginner Choreographer: Dwight Meessen (NL) Aug 2019 Choreographed to: Run Like The River by Meghan Trainor

Info: 116 Bpm - Intro 16 counts

S1	Side, Together, Chassé, Behind, Side, Cross, Point
1-2	RF step side, LF together
3&4	RF step side, LF together, RF step side
5-8	LF cross behind, RF step side, LF cross over, RF point side
S2	Jazz Box ¼ R Cross, Jump Touch, Hips, Jump Touch, Hips
1-4	RF cross over, LF ¼ right step back, RF step side, LF cross over
&5&6	RF jump side, LF touch beside, hips left, hips back again

Option 5&6 and 7&8 on the words 'Run Like The River' bring hands and hips forward in a wavy motion

S3	Back x2, Coaster, Fwd x2, Point x2
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1-2 RF step back, LF step back

RF step back, LF together, RF step forward 3&4

LF step forward, RF step forward 5-6

7-8 LF point forward, LF point back

#### S4 Rock Fwd Recover, Shuffle Bkw, Ball Rock Side Recover, Behind Side Cross

LF rock forward, RF recover 1-2

LF step back, RF step beside, LF step back 3&4

RF step beside on ball foot, LF rock side, RF recover

&7&8 LF jump side, RF touch beside, hips right, hips back again

# Option 5-6 on the words 'Run Like The River' bring hands and hips left and back again in a wavy motion

7&8 LF cross behind, RF step side, LF cross over [3]

## Start again

## Restarts:

Dance the 2nd and 5th wall up to and including count 16 (count 8 of the 2nd section) and start again



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