150 bpm

16 count intro - Counterclockwise rotation; start weight on L -

NOTE: This dance has only one wall change, No Tags Or Restarts.

Section 1	**K STEP**
1-2	Step R forward to R diagonal, touch L toes home/clap
3-4	Step L back to L diagonal, touch R toes home/clap
5-6	Step R back to R diagonal, touch L toes home/clap
7-8	Step L forward to L diagonal, touch R toes home/clap

Section 3	**ROCKING CHAIR, STEP, TURN, CROSS, HOLD**
1-4	Rock forward R, recover L, rock back R, recover L
5-8	Step forward R, turn left ¼ [9], cross R, HOLD

Section 4	**"DIP" L, "DIP" R, BEHIND, SIDE, CROSS, HOLD**
1-2	Step L to side whilst bending knees slightly, straighten knees (R toes end pointed at side)
3-4	Step onto R whilst bending knees slightly, straighten knees (L toes end pointed at side)
5-8	Step L behind, step R to side, cross L, HOLD

Section 5	**SIDE STRUT, CROSS STRUT, SIDE, CLOSE FORWARD, KICK**
1-2	Touch R toes to side, drop heel taking weight **(optional styling: shimmy shoulders)**
3-4	Cross L toes over right, drop heel taking weight **(optional styling: shimmy shoulders)**
5-8	Step R to side, step L next to R, step forward R, kick L forward

Section 6	**BACK, KICK, BACK, KICK, BACK, CLOSE, CROSS, HOLD**
1-4	Step back L, kick R forward, step back R, kick L forward
5-8	Step back L, step R next to L, cross L, HOLD

Section 6	**POINT, HOLD, TOUCH, HOLD, POINT, HOLD, HOLD, BALL-STEP**
1-4	Point R toes to side, HOLD, touch R toes home, HOLD
5-6-7	Point R toes to side, HOLD two counts
&8	Step R ball next to L, step forward L (momentum forward into K step to start dance)

(Easier option 5-6-7-8: Point R toes to side, HOLD two counts, touch R toes home on count 8)