

## Can You Do This

32 Count, 4 Wall, Beginner

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Choreographed to: Can You Do This by Neal McCoy

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### 1-8 Bump & Step ¼ Turn R

- 1&2 Touch R toe fwd bumping R hip to R side, bump R hip back to L, Step down on R taking weight,  
3&4 Touch L toe fwd bumping L hip to L side, bump L hip back to R, Step down on L taking weight  
5&6, 7&8 Repeat 1-4 as you are making ¼ turn to the R (3:00)

### 9-16 Dip , Extend Hip, Dip, Extend Hip, Dip, Extend Hip, Dip, ¼ turn Extend Hip

- 1-2, 3-4 Step R to side dipping hip, as you take the weight to R push R hip out extending L leg,  
Step on L dipping hip to the L, as you take the weight to the L push L hip out extending R leg  
5-6 Step R to side dipping hip, as you take weight to R push R hip out extending L leg  
7-8 Step on L dipping hip to the L make ¼ turn R keeping weight on the L extending R fwd (6:00)

### 17-24 Step, Touch, Step, Kick, Step, Touch, Head Turn

- 1,2,3,4 Step R fwd, Touch instep of L to back of R heel, Step back on L, Kick the R fwd  
5,6 Step back on R, bending R knee as you touch L toe by R (6:00)  
7,8 Turn head over R shoulder, turn head back to center

### 25-32 Step, Point, Step, Point, Step, Together, Push, Recover

- 1,2,3,4 ¼ turn R stepping L to L side, Point R across L, Step R to R side, Point L across R (9:00)  
5,6 Step L to L side, Bring R to L (body angled to 10:30)  
7,8 Push booty out to the back, Recover weight to L (9:00)

HAVE FUN!