

### Start ...on the word 'Down' approx. 7 secs

- S1** Step, Cross Back  $\frac{1}{4}$  Point,  $\frac{1}{4}$ ,  $\frac{1}{2}$  Rock, Step,  $\frac{1}{2}$ ,  $\frac{1}{2}$ , Sweep, Cross Side Side Hitch.  
1 Step forward on Left sweeping Right from back to front.
- 2&a3 Cross step Right over Left, step back on Left, make  $\frac{1}{4}$  Right stepping Right Right side, point Left toe to Left side. (3:00)
- 4a5 Make  $\frac{1}{4}$  turn to Left stepping forward on Left, make  $\frac{1}{2}$  turn to Left stepping back on Right, rock back on Left. (6:00)
- 6&a7 Recover on Right, make  $\frac{1}{2}$  turn to Right stepping back on Left,  $\frac{1}{2}$  turn Right stepping forward on Right, sweep Left from back to front. (6:00)
- 8&a1 Cross step Left over Right, step Right to Right side (slightly back), step Left to Left side, make  $\frac{1}{8}$  turn to Left stepping forward on Right as you Hitch Left slightly. (4:30)
- S2** **Back, Back,  $\frac{1}{2}$  Sweep, Cross,  $\frac{1}{4}$ ,  $\frac{1}{4}$ , Step, Mambo Step,  $\frac{1}{4}$  Drag, Back Rock Side, Behind**  
2a3 Step back on Left, step back on Right, make  $\frac{5}{8}$  turn to Left stepping forward on Left sweeping Right. (9:00)
- 4&a5 Cross step Right over Left, make  $\frac{1}{4}$  turn to Right stepping back on Left,  $\frac{1}{4}$  turn to Right stepping forward on Right, step forward on Left. (3:00)
- 6&a7 Rock forward on Right, recover on Left, step back on Right, make  $\frac{1}{4}$  turn to Left taking large step to Left & dragging in Right. (12:00)
- 8&a1 Cross rock Right behind Left, recover on Left, step Right to Right side, cross step Left behind Right sweeping Right.
- S3** **Behind & Rock, Recover Side Cross  $\frac{1}{8}$ ,  $\frac{1}{8}$ ,  $\frac{1}{8}$ , Back,  $\frac{1}{8}$ , Run, Run, Run**  
2a3 Cross step Right behind Left, step Left to Left side, cross rock Right over Left.
- 4&a5 Recover on Left, step Right to Right side, cross step Left over Right, make  $\frac{1}{8}$  turn to Right stepping forward on Right. (1:30)
- 6a7  $\frac{1}{8}$  turn to Right stepping Left to Left side,  $\frac{1}{8}$  turn Right stepping back on Right, step back on Left. (4:30)
- 8&a1  $\frac{1}{8}$  turn to Right stepping Right to Right side, run forward Left-Right-Left. (6:00)
- S4** **Step  $\frac{1}{4}$  Cross  $\frac{3}{4}$  Hitch, Sweep, Cross,  $\frac{1}{4}$ ,  $\frac{1}{2}$ , Sweep, Cross Back Side**  
2&a3 Step forward on Right, pivot  $\frac{1}{4}$  turn to Left, cross step Right over Left, make  $\frac{1}{4}$  turn Right stepping back on Left as you spiral/lifting Right & carry it round another  $\frac{1}{2}$  turn... (3/4 turn to Right in total) (12:00)
- 4-5 Step forward on Right as you sweep  $\frac{1}{4}$  turn to Right, cross step Left over Right (3:00)
- 6a7 Make  $\frac{1}{4}$  turn Left stepping back on Right, Make  $\frac{1}{2}$  turn to Left stepping forward on Left, sweep Right from front to back. (6:00)
- 8&a Cross step Right over Left, step back on Left, step Right to Right side (6:00)

**No Tags or Restarts :)**