

Start after 2 counts on the word Heart

S1 Forward Point Side, Back Point Side, Forward Point Side, Back Point Side (12.00)

- 1-2 Step forward with R, point L to side
- 3-4 Step back with L, point R to side
- 5-8 Repeat steps 1-4

S2 Forward Kick Front, Step Back and Behind, Forward Kick Front, Turn ¼ R

- 9-10 Step forward with R, kick L forward
- 11-12 Step back with L, touch R behind
- 13-14 Step forward with R, kick L forward
- 15-16 Step back with L, turn ¼ R and step L, then R next to L (3.00)

S3 Vine to the L, Vine to the R

- 17-20 Step L to L, step R behind L, step L to L, touch R next to L
- 21-24 Step R to R, step L behind R, step R to R, step L next to R

S4 Hips Rocks, 1 Forward and Back with Holds, 2 Forwards and Backs No Holds

- 25-28 Rock hips R forward (1.30) and hold, rock hips back (7.30) and hold
- 29-32 Rock hips forward (1.30), back (7.30), forward (1.30), back (7.30)

For 32 count dance, start again and repeat

For 64 count dance, continue with following steps

S5 Paddle Turn ¼ L, Paddle Turn ¼ L, R Jazz Box (9.00)

- 33-36 Step R forward, turn ¼ L, recover on L, step forward R, turn ¼ L, recover on L
- 37-40 Cross-step R over L, step back on L, step R to R side, step L next to R

S6 Monterey Turn

- 41-44 Step R to R, step R next to L, turn ½ R and step L to L, step L next to R
- 45-48 Step R to R, step R next to L, turn ½ R and step L to L, step L next to R (9.00)

S7 Touch Out, In, Out, In, Two Slides to the R, Touch L Next to R

- 49-52 Step R to R side, touch R next to L, step R to R side, touch R next to L
- 49-52 Step R to R, touch L next to R, step R to R, touch L next to R (side slides)
(option)
- 53-56 Step R to R side, step L behind R, step R to R side, touch L next to R (vine)

S8 Touch Out, In, Out, In, Two Slides to the L ¼ Turn L, Touch R Next to L (6.00)

- 57-60 Step L to L side, touch L next to R, step L to L side, touch L next to R
- 57-60 Step L to L, touch R next to L, step L to L, turn ¼ L and touch R next to L. (side slides)
(option)
- 61-64 Step L to L side, step R behind L, step L to L side, turn ¼ L and touch R next to L (vine)

Repeat and enjoy this smooth dance – you will finish at count 32 (9.00)

Optional finish for 32 & 64 step routine

Dance to count 30, then turn ¼ R and finish with counts 31&32 (12.00), step R and touch L next to R.



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