

Hold Me While You Wait 72 Count, 2 Wall, Phrased Intermediate

Choreographer: Travis Taylor (AU) Jul 2019 Choreographed to: Hold Me While You Wait by Lewis Capaldi

Sequence: AABBC TAG ABCC BB CCC Intro: 8 Counts

Part A: 24 counts

S1

1-2&3-4Step R to R side, Step L behind R, Step R to R side, Cross L over R, Step R to R side 5-6 7-8 Rock L back towards 10:30, Hold, replace weight on R, 1/2 R Stepping L back (4:30)

S2

1-2 3-4 ½ R Stepping R fwd, hold (10:30) Run fwd L, R (10:30) 5-6 7-8 Rock L fwd, Hold, Step/Replace weight on R, Step L back

S3

1-2 3-4 Rock R back, Hold, Replace weight on L, 1/2 L Stepping R back (4:30)5-6 7&8 Rock L back, replace weight on R, 1/8 R Rock L to L side, Replace weight on R, Cross L over R (6:00)

Part B: 16 counts

S1

1-2-3-4 Rock R to R side, replace weight on L, Cross R over L, 1/4 R Stepping L back 5-6-7-8 ½ R Stepping R fwd, Step L fwd, 1/2 R Pivot weight on R, 1/4 R Stepping L to L side (6:00)

S2

1-2 3-4 Step R behind L dragging L towards L, Hold, Rock L to L side, Replace weight on R 5-6 7&8 Step L behind R, Step R to R side, Cross Shuffle L over R stepping L, R, L

Part C: 32 counts

S1

1-2 3-4 Step R to R side dragging L, Hold Step L slightly together & behind R, Replace weight on R 5-6-7-8 ¼ R Stepping L back, 1/2 R Stepping R fwd, Step L fwd, Step R together

S2

1-2 3-4 Step L back dragging R, Hold Rock R back, Replace weight on L 5-6-7-8 Step R fwd, 1/4 L Pivot weight on L, Cross R over L, Step L to L side

S3 My Love, My Love, My Love, My Love part

1-2-3-4 Step R behind L, Rock L on L ball to L side, Replace weight on R, Step L behind R 5-6-7-8 Rock R on R ball to R side, Replace weight on L, Step R behind L, Step L to L side **Note: Travel these 8 counts slightly back**

S4

1-2 3-4 Cross R over L, Hold Rock L to L side, Replace weight on R

5-6 7-8 Cross L over R, Hold 1/4 L Stepping R back, 1/2 L Stepping L fwd

1 ¹/₄ L Stepping R to R side as each sequence starts off with stepping R to the side (treat counts 7-8 more like a full turn over L shoulder)

Tag: There is a 4 Count tag (check the sequence above) 1-2-3-4Step R to R side swaying hips R, Hold, replace weight on L dragging R towards L for Counts 3-4

This dance isn't as hard as it looks, once you are familiar with song, you will find its easier to marry the sequence up with the music. I like to think of Part C is the Nightclub part and the 'my love, my love, my love'. Part B is the 'turn around part. Part A is the piano ding part where I focused on the musicality of the piano chords.

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