

Lonely Life For Me

32 Count, 2 Wall, Intermediate Choreographer: Karen Tripp and Val Saari (CA) Jun 2019 Choreographed to: It's A Lonely Life by Stephen Phillips

RESTART: On wall 6 (you will be facing 6:00), dance 28 counts and restart from the beginning of the dance.

S1	Point Fwd, Point Side, Sailor ¼ R, 2X (Back, Side Rock/Rec) (3:00)
1-2	Point Right toe forward, point Right toe to right side
3&4	Turning ¼ R sweep Right behind left, step Left to left side, step Right next to left
5&6	Step back on Left, rock Right to right side, recover weight to Left
7&8	Step back on Right, rock Left to left side, recover weight to Right
S2	L Cross Mambo 1/4 L, R Shuffle Fwd, 2 L Side Touches, Reverse Vine W/ Flick (12:00)
1&2	Cross Left over right, Recover weight to Right, Turn ¼ left and step on Left
3&4	Shuffle forward stepping Right, Left, Right
5-6	Point Left toe to left side and tap twice
7&8&	Cross Left behind right, Step on right, Cross Left over right, flick Right back
S3	2 Back Struts, R Side Mambo, 2 Back Struts, L Coaster (12:00)
1&2&	Step ball of Right back, drop heel, Step ball of Left back, drop heel
3&4	Rock Right to right side, recover weight to Left, step Right in place
5&6&	Step ball of Left back, drop heel, Step ball of Right back, drop heel
7&8	Step back on Left, step Right next to left, step forward on Left
S4	2 Fwd Turning Shuffles ½ R (Optional Flicks), Step Charleston (6:00)
1&2	Turning one wall to the right, shuffle forward stepping R, L, R (option to Flick left back)
3&4	Continue turning one wall to the right, shuffle forward stepping L, R, L (option to flick Right foot back)
**RES	FART HERE ON WALL 6 (Hint: Listen for the lyrics "Walking away from you was the hardest
thing	." after the chorus, this is the start of Wall 6 facing 12:00.) You will be facing 6:00 for the restart.
5-8	Step Right forward, touch Left forward, Step Left back, Touch Right back

TAG (during instrumental section) (16 cts): At the end of Wall 2 facing 12:00, add the following 16 counts and return to 12:00.

- S1 4 Prissy Walks, 4 Sways (R, L, R, L)
- 1-4 Walk forward crossing Right over, then Left over, then Right over, then Left Over
- 5-8 Step right to side and Sway R, L, R, L
- S2 Kick Charleston, Right Full Circle Walk 4 Walls (12:00)
- 1-4 Step Right forward, kick Left forward, Step Left back, Touch Right back
- 5-8 Turn right and walk 4 steps making an arc to end facing 12:00

END: Dance ends facing 12:00 after 16 counts.



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